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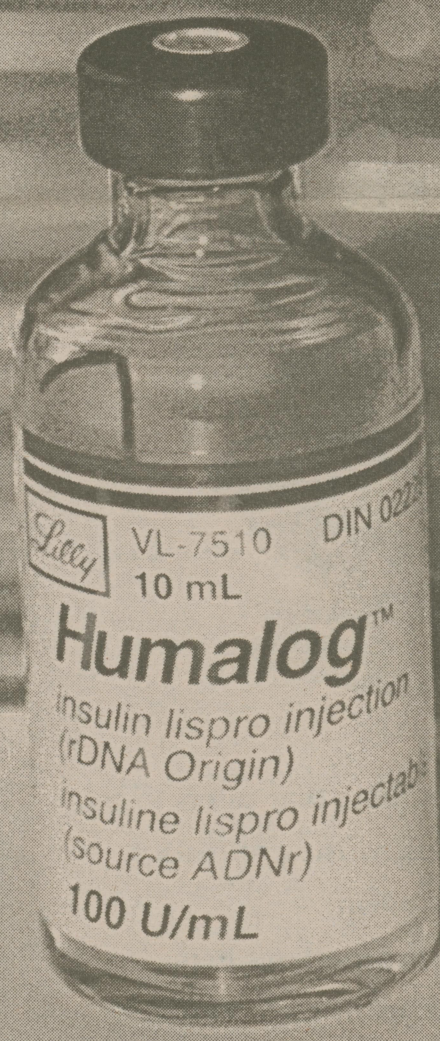
THURSDAY, NOVEMBER 20, 2003 | THE UNIVERSITY OF VICTORIA'S INDEPENDENT NEWSPAPER | VOLUME 56, ISSUE 14

Living with diabetes

"This is the first time in my life, since I was diagnosed at 14, that I've had any semblance of control over my diabetes."

pages 10 and 11



Paul Martin
words vs. deeds
page four

The *verstorben*-ness of Kraftwerk
page fifteen

Non-elite athletes
page sixteen

Equity at UVic ongoing

BY PATRICK WHITE

Student representatives continue to feel overlooked by the equity review process at UVic, despite submitting written recommendations and meeting with UVic President David Turpin.

Equity and Fairness at the University of Victoria, a report commissioned by the university earlier this year, revealed that UVic lacks formal policy and equity services for students as well as solid conflict management policy. Critics of the report called it too abstract, devoid of a student perspective and missing a concrete action plan.

If implemented, recommendations from the report would change how UVic deals with equality issues among students, staff and faculty

An update to the report written by David Turpin and released Nov. 7 has not addressed any of these complaints according to Students' Society Director of Academics Erik Haensel. "I thought there would be development and exploration around student perspectives and student issues," said Haensel.

"[Turpin is] reorganizing the deck, but I feel he's missing our issues."

University Ombudsperson Martine Conway agrees that student voices have been relatively quiet in both the report and the update. "There is a potential to have students served better in both documents. A one-page letter doesn't quite capture the details," said Conway.

David Turpin says the update is part of an ongoing process that will address student needs. "This isn't the end of the process, it's the very beginning."

Turpin doesn't agree that student concerns haven't been addressed. UVic has already begun to move on creating an Office of Equity and Human Rights that will "address student, faculty and staff concern."

"I don't see this as addressing students or faculty or staff specifically, but UVic. We are a university after all and students are our raison d'etre," said Turpin.

Conway added that students can still give feedback through student representatives like Haensel, who sit on committees dealing with the equity report.

"Students do have a voice by sitting on those committees and participating in the process," she said.

Haensel points out that providing feedback through committees and student representatives doesn't seem to be having any effect in this case. Haensel and Students' Society Chair Jude Coates submitted student recommendations and met with Turpin to discuss their concerns with the report, but according to Haensel none of those concerns were addressed in the president's update. "This will affect students. The recommendations will change the university structure without entertaining student response," said Haensel.

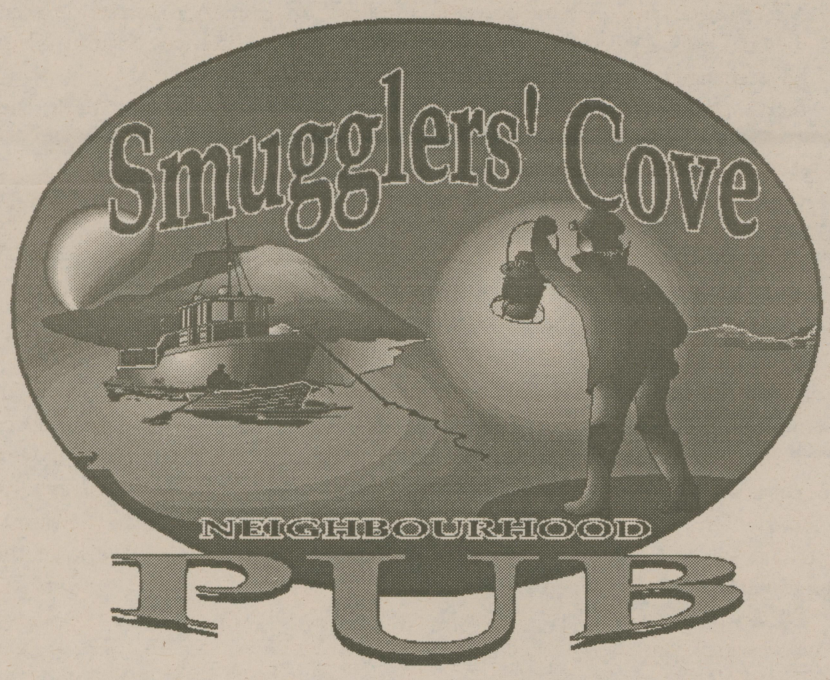
"To me that doesn't make sense," said Turpin. "There are sections on structure and mandate of the new office that are predominantly student-focused. We meet with the UVSS every month, so we'll hear from them if we haven't already."

Conway says a lack of avenues for feedback has been one of the problems with the equity review process. "I think this is one of the things that people have recommended. That there be an ongoing way of informing the community and also for the community to give feedback or responses to different steps," she said.

The guest of honour speaks

ELIZABETH FERGUSON PHOTO

Dr. Frank Calder was the guest of honour at "Let Right Be Done," a conference discussing and celebrating the landmark Calder decision, which established aboriginal title in Canada and re-opened the door to treaty negotiations here and abroad. Other speakers included lieutenant-governor of B.C. Iona Campagnolo and Nisga'a chief Joe Gosnell.



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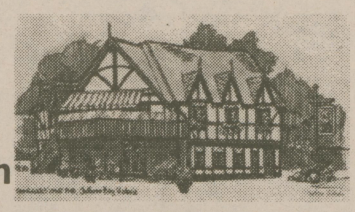

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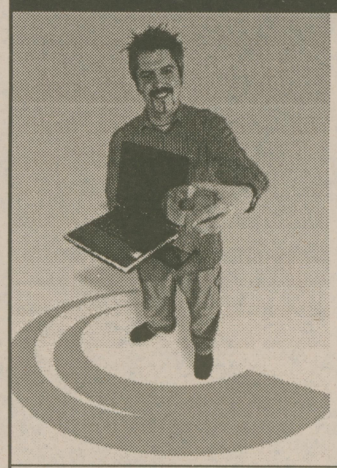

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Pot smoking 101

BY MICHELLE MARTIN

Although smoking marijuana is illegal, Campus Security and the Saanich Police turn a blind eye when the Hempology 101 Club meets at 4:20 p.m. every Wednesday and clouds of smoke rise over Petch Fountain.

"It is not on our radar. We have much bigger problems to deal with: sexual assaults, violence and rapes," said Hunter McDonald, Director of Campus Security. "If you look at the problems we have, they don't involve kids smoking dope at the fountain."

Chris Horsley, media relations officer for the Saanich Police, said, "The police department is still very concerned with drug use on campus." Nevertheless, marijuana use on and off campus is something Horsley believes has not had a lot of police attention in the last few years. "The police have to look at the bigger issues of public safety and public harm," said Horsley.

"Just because the police aren't showing up every week doesn't mean we are agreeing to what is happening," Horsley added.

Campus Security and the Saanich Police did, however, collaborate in November 2000 to arrest the founder of Hempology 101, Ted Smith, for trafficking marijuana at the weekly 4:20 circle. Horsley said that at the time marijuana was a more prominent issue than it is now.

Smith's arrest was the last arrest involving the 4:20 club on campus.

But according to Horsley, 4:20 club participants are not exempt from marijuana-related charges. "They thought they were acting with immunity back then," he said about Smith's arrest. "[But] we've dealt with this group before, and there's nothing that says we won't deal with it again."

NIC HUME PHOTO

Members of the 4:20 Club have been rolling fatties and sparking doobies like this one without much trouble from authorities.

Campus Security and the Saanich Police do not treat all marijuana-related crimes equally. "If we see it, we'll confiscate and flush it. If we see someone selling it we might take a stronger approach and call the police," said McDonald. "[Also] if someone is stoned and creates a disturbance, intimidates, harasses or bullies, then it's a different ball game." He also said that Campus Security has never busted anyone for straight possession.

Horsley said that the police still act on the premise that possession of marijuana is illegal and an offense fit for the courts. He said that changing laws in Canada have confused some about the legal consequences of possession: possession is now considered a summary conviction offensive (what is called a misdemeanor in the U.S.), which means those convicted will not have a criminal record, but those charged will still go to court.

"The police have the same power to arrest as they did before. It's just that the consequences have changed for the people charged, but it hasn't changed the method of operation," Horsley said.

Even though police seem to be just as willing to charge people with marijuana-related offenses as before the legislation changes were proposed, no charges have been laid on campus since Smith's arrest. Horsley says that they rely on members of the public to direct police resources and that currently the Street Crime and Drug Unit are dedicated to combating street-level drug dealing.

McDonald said that marijuana-related offenses have not been discussed between Campus Security and Saanich Police since the arrest of Smith. "We made our point by charging him," said McDonald. Now McDonald says that Campus Security is waiting until the judicial system decides on Smith's case before looking at future marijuana enforcement strategies.

Long-time Hempology 101 member Tyler MacDonald thinks that the lack of enforcement of the 4:20 club since Smith's arrest is because officials don't want another reason for "UVic students to hate them."

But according to Hunter McDonald, popularity is not a factor. "Honesty and justice are more important than the reputation of the university," he said. "We've had no pressure from the university for us not to do anything, [but] if I did bust them, it would only bring them more popularity."

Ted Smith thinks discreet monitoring may be taking place. He said, "I suspect that there have [recently] been undercover cops coming to watch occasionally because it was undercover surveillance that arrested me."

Horsley said that there is a "strong likelihood" that Smith is correct. In contrast, McDonald says, "[Campus Security is] not doing surveillance.

We already know they're there."

Protestors put on pressure to ban farmed salmon

BY REBECCA MICHALUK

Protestors gathered outside the Safeway at Fort and Foul Bay on November 5 to express their disapproval of the grocery chain's sale of farmed salmon.

The demonstration was part of an International Day of Action Against Fish Farm Retailers declared by Forest Action Network (FAN) and Coastal Alliance for Aquaculture Reform (CAAR) to protest the sale of farmed salmon at targeted various locations across North America.

Demonstrations were held in Vancouver, Campbell River, San Francisco, Los Angeles and Austin.

"They have refused to stop selling farmed salmon and so we feel we must apply more political and market pressure," said Robin Greene of FAN.

CAAR also took out a full page ad in *the New York Times* recently, calling on food chains like Safeway to stop selling farmed salmon.

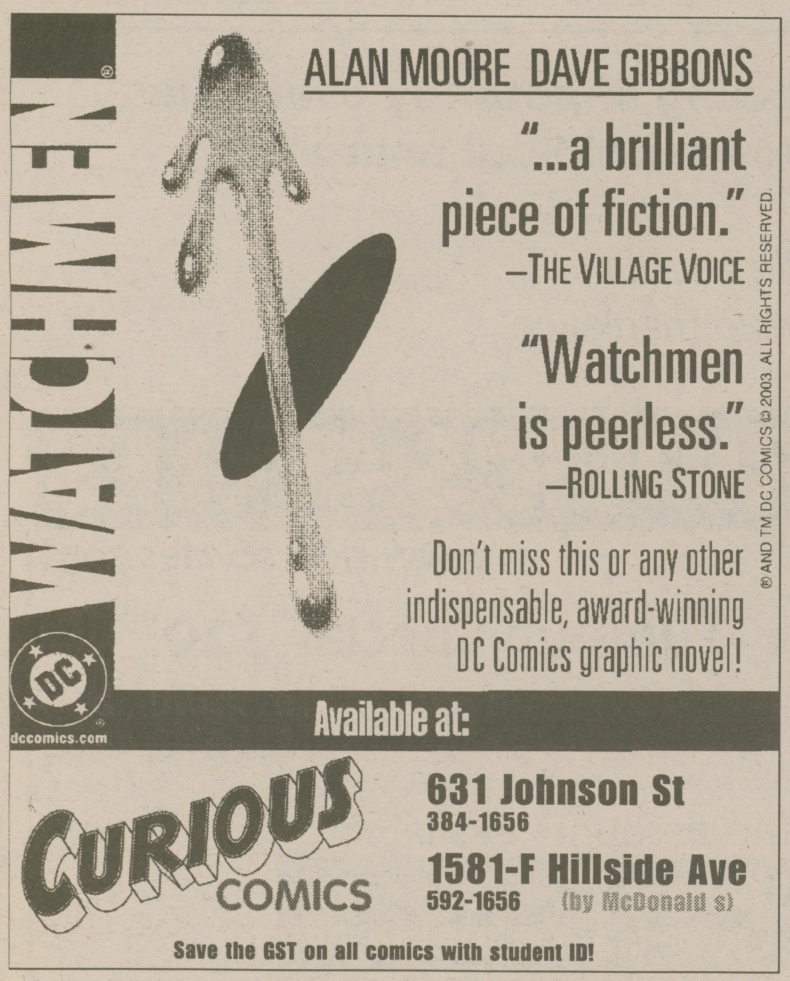
Fisheries biologist and fish farm proponent Kevin Onclin claims that rising anti-fish farm sentiment is based on "pseudoscience."

Onclin worked in the fish farm industry for 30 years. He thinks the public is not willing to read the "dry, scientific articles" that would show the true facts on environmental damage. "People want *People* magazine. They want things that catch their eye," he said. As a result, Onclin believes the public has rallied around an issue that they do not really understand.

"Fish farms have adapted and addressed environmental issues faster than any agriculture industry," he added.

Mike Woods disagrees. He worked as a fish farmer for six years and says the environmental role imposed on fish farmers is "backwards."

"We have doctors and teachers that are highly educated and highly valued, and they take care of our people interactions, but we have people [fish farm managers] with no education acting as stewards of our environment. We have the wrong people doing a sensitive job. It doesn't take long to figure out that managers generally don't have any connection with the environment."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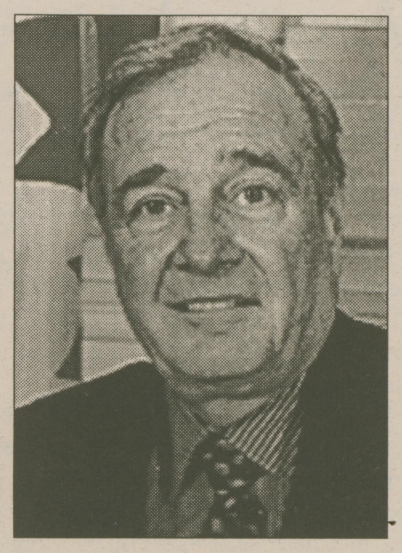
What Paul really means



Paul Martin won an overwhelming majority at the November 14 Federal Liberal leadership convention, picking up more than 93 per cent of the ballots. Prime Minister Jean Chretien announced he will be stepping down December 12, putting Martin in charge of the country.

The following are excerpts from the future Prime Minister's victory speech, with amendments compiled from Martin's record in government.

Excerpts from Martin's speech

Have you ever, on a cloudless night, looked down from a passing aircraft flying over Canada?...It's a palette of enourmous colour and range.

And like all of you I just love it.

Indeed the economic surge created [after the Second World War] led to the next moment–when the Canadian people and its leaders created the modern social foundations of Canadian life–our pension and universal health care systems. Foundations which Canadians hold as corner stones of our national identity, our pride and our values. Today, an equally historic moment is before us.

Our foreign policy must always express the concerns of Canadians about the poor and underprivileged of the world, the frightened and helpless victims of battle-torn societies, the sick and vulnerable without adequate health care and education.

Ours must be an economy driven by individual ingenuity and creativity; this means an education system second to none, this means committing to the pursuit of excellence and innovation.

So, too, we must change our relationship with Canada's cities and towns. All three orders of government must work together to make real choices in the interest of our neighbourhoods, our communities–in urban Canada and in rural Canada.

I don't believe in right-wing dogmatism. I don't believe that trickle down economics works, or that rising levels of inequality speak to a healthy society. I don't believe in left-wing dogmatism. I don't believe you can run a government with bankers pounding at the door.

Thanks to those who got us here. To the grassroots organizers, the canvassers, the party members across the land who worked on behalf of all leadership candidates.

Martin's Record

Martin loves Canada so much that not one of the ships owned by his Canada Steamship Lines flies the Canadian flag. For most of the last 20 years Martin's ships flew the Liberian flag, exempting them from Canadian labour laws and taxes while pouring money into the accounts of Liberian dictator Charles Taylor–money he spent on crushing domestic dissent and fueling a bloody civil war in Sierra Leone.

As Finance Minister between 1993 and 2001 Martin oversaw the single largest reduction of foreign aid as a percentage of GDP in Canadian history. While Martin often speaks of Lester Pearson as his foreign policy hero, Canada never came close to meeting Pearson's principle of allocating 0.7 per cent of national GDP to direct foreign aid during Martin's tenure in finance. When Martin left Cabinet in 2001, Canada was allocating less than 0.3 per cent of the national GDP to foreign aid.

As Finance Minister, Martin abolished the national housing program and ignored several drinking water crises across Canada. He also raised gas taxes to 10 cents per litre without returning any of it to municipalities for public transit infastructure.

Martin might be referring to the corporate and individual donors who funnelled more than $10.7 million into his leadership campaign. Martin's fundraising total was more than 10 times that of his only opponent in the leadership race, Heritage Minister Sheila Copps. It was also more than the entire Liberal party spent on the election campaign of 2000.

Martin's Record

As Finance Minister, Martin enacted the deepest cuts to Medicare in history. As for keeping it public, Martin took a clause out of the Canada Health Act that protected the public delivery of key services like homecare in the wake of his 1995 budget.

Martin eliminated the direct post-secondary provincial grant, instead lumping the money together with all other transfer payments as part of the Canada Health and Social Transfer (CHST). This allowed provincial premiers like Ralph Klein, Mike Harris and Gordon Campbell to divert funding from universities, creating huge increases in tuition.

According to Statistics Canada, during Martin's tenure as finance minister "only families at the top end of the wealth distribution increased their share of total net worth." In 1999, two years before Martin left Cabinet, Statistics Canada reported that the wealthiest 10 per cent of Canadians owned 53 per cent of the nation's wealth, while the bottom 50 per cent of Canadian's owned a total of only 6 per cent of Canada's wealth.

Compiled by Richard Warnica and Patrick White

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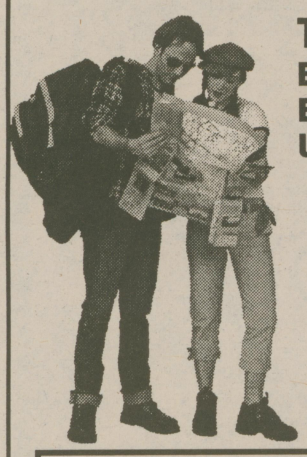

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Trafficked women painted as criminals

by Sarah Petrescu

Sarah Petrescu photo

Dr. Annalee Lepp, UVic Women's Studies professor, confronts legal and social attitudes towards victims of trafficking in an upcoming talk.

UVic Women Studies Professor Dr. Annalee Lepp will challenge Canada's policies towards human trafficking in an upcoming talk on Nov. 20, a discussion appropriate as police busts of prostitution rings smuggling women into Canada grace national headlines.

Lepp's talk will focus on Canada's lack of protection for victims of trafficking, who are mainly women indentured to work off debts to their smugglers and hosts when they arrive in Canada. She said that since Canada signed a UN protocol, the primary focus of the government in regards to trafficking persons has been to prosecute the traffickers.

"The protocol Canada signed has become more a tool of law enforcement than a human rights instrument," said Lepp.

Lepp isn't the only one criticizing Canada's handling of human trafficking. In the 2003 U.S. Department of State's Trafficking in Persons Report, Canada dropped to a Tier 2 country. Tier 2 denotes countries showing some effort in combating human trafficking, but not meeting minimum standards. Lepp said Canada's low rank is because of disregard for the well-being of victims.

"One of the reasons Canada dropped in rank was not law enforcement, it was that they were not doing enough to help people," said Lepp.

Lepp used the recent case of human smuggling in Calgary as an example. Earlier this month undercover officers in Calgary uncovered a scheme to smuggle women from Southeast Asia into that city to work in brothels posing as massage parlors. The women were working off debts from $35,000 to $40,000. Sixteen people face 27 charges related to the bust. Charges include keeping a bawdy house, living on the avails of prostitution, conspiracy to procure a person to enter Canada to work in a bawdy house, and drug offences.

"In Calgary, they've done the busts and identified individuals [who] took part in the smuggling ring. So what's going to happen to the women? The media isn't addressing this issue and rarely does," said Lepp.

"Do the women have lawyers? Where are they staying? Victims of trafficking have no guaranteed rights."

Lepp said the media and public perception of trafficked women contribute to apathy towards their rights. She said most Canadians will not sympathize with those illegitimately entering the country, especially women working in the sex trade.

"Public opinion generally supports the way in which Canada handles situations like these. Essentially, what you have is a criminalization of women," said Lepp, who claims most trafficked women are sent back to their countries of origin, regardless of whether or not they will face persecution upon return.

Lepp said intervention by public interest groups on behalf of trafficked persons is difficult because Citizenship and Immigration Canada is swift when dealing with illegal immigrants.

"There isn't a lot of time to do anything. Immigration decisions happen quickly," she said.

As a result, little attention is given to trafficked women.

Those discussed in the media are often portrayed as criminals such as sex trade workers or illegal immigrants, said Lepp.

"Women are often rendered suspect and as willing accomplices, not truly victims," said Lepp.

"The issue is who fits the category of a trafficked person that deserves protection. We need to address these questions."

There is a gamut of grassroots organizations attempting to advocate for the rights of trafficked women including the Global Alliance Against Traffic in Women and the Canadian Council for Refugees, but Lepp says it is up to the general public to let officials know that the rights of trafficked persons need to be addressed.

"What is required is for people to put more pressure on the government to address human rights mandates and protocol in regards to trafficked persons," said Lepp.

Dr. Annalee Lepp will be presenting her talk "Interrogating Anti-Trafficking Initiatives" as part of the UVic Women's Caucus OOW! Speaker's Series Thursday, Nov. 20 at noon in the Senate Chamber, Administration Building.

Commie Power

Leftist leader on move to unite

by Taylor Stephen

On Nov. 7 the leader of a controversial federal party spoke in Victoria at a forum billed "Another Canada is Possible: Building a People's Alternative to Paul Martin and The Tories." No, it wasn't NDP Jack Layton or Green Party leader Jim Harris. Think way left. Think communist.

Miguel Figueroa from the Communist Party of Canada spoke at Camosun College as part of a province-wide tour. He said the aim of the campaign is to challenge contradictions between needs and wants expressed by the populace and policies implemented by governments.

Citing widespread opposition to the war in Iraq, the World Trade Organization meeting in Cancun and the privatization of government sectors, Figueroa said the general direction these policies move in is part of the growing trend of "neo-liberalism," a result of transnational capitalism's increasing political, ideological and financial sway in the world.

"Prime Minister Jean Chretien's 10 year assault on the public's interest was some of the worst government Canada has endured," said Figueroa, who added Paul Martin would be even worse. "If Canadians haven't moved to the right, why has the government?" he asked.

Figueroa's plan for action is to form a broad coalition that incorporates other left-leaning parties and reaches out to the disenfranchised. He added that he believes change couldn't be made with the ballot alone.

"A good place for this bridge building to begin is on the municipal level," he said.

An example that Figueroa admired was the Union of Progressive Forces in Quebec, a federation of four separate parties, who will be running candidates in nearly every riding in the upcoming provincial election.

However, Figueroa is not impressed with the NDP's hegemonic hold on the left.

"Unions feel bound at the feet and hands," Figuero said. "The NDP is not the left."

Only a sparse crowd attended the forum, most of whom were already well versed in the words of prominent leftists like Naomi Klein and Jello Biafra.

Aside from the speaking circuit, which finished in Nanaimo on Nov. 8, the Communist Party of Canada remains politically active. According to Figueroa, they have been co-operating with the Green Party and Canadian Action Party to fight what they see as undemocratic aspects of the elections act. The party also continues to play an active role in the labour and peace movements.

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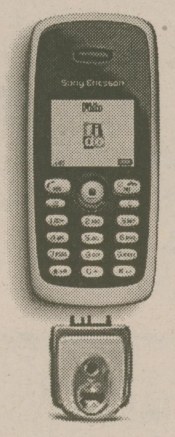

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Renaissance bushmen hike to Calgary

BY SHANA HEISER

When Gergely Hegedus and Patrick Saunders began their trek from Vancouver to Calgary, they estimated the hike would take at least two months.

After only 40 days, pounds of Nutella and peanut butter, and one ingrown toenail, they arrived in Saunders' hometown of Calgary on June 7.

Hegedus, a third-year English and linguistics major, and Saunders, a second-year geography major, proposed walking home in late March. Less than a month later, they were trekking the Trans-Canada trail with 50 pound packs.

"We were toast by the end of the day," Hegedus said. "We had huge sores on our shoulders. After sitting at a desk and studying for weeks and weeks we got out and did 40 kilometres in one day and started to feel it."

The trail begins in Victoria and goes through Vancouver, Hope and the outskirts of Kelowna, then curves south and runs along the U.S. border, by Midway, Grand Forks and Trail, and onto Creston. A sharp curve north brings the route through Cranbrook, Fernie, and to Elk Pass where Hegedus and Saunders crossed into Alberta. Their B.C. map book ended here, leaving them temporarily lost, but they found the Elbow River and followed it all the way to Calgary.

"We were like, we'll get home somehow," Saunders said, recalling the original plan to more or less wing it. "We were going to follow back roads we found on maps, but we went to Mountain Equipment Co-op, and it was divine intervention, because there was this book that said 'hiking across B.C.' We were like, score."

PROVIDED PHOTOS

Gergely Hegedus and Patrick Saunders created their own Survivor adventure by hiking, hitching and pool squatting all the way from Vancouver to Calgary.

Was that a right on Wong or a left on Right?

Although the boys carried large backpacks, they didn't bring proper gear for the wintry conditions and had to hike through snow in shorts.

"We were all summered up," Hegedus said. "It was too early in the season. By Chilliwack, I fell into a frozen creek and was soaking wet. We decided to pitch the tent before I got hypothermia."

One thing they never ran out of was food. Saunders' dad dropped food caches along the way full of oatmeal, bagels, chocolate bars and hot chocolate.

"For lunch we always had an inch of peanut butter and an inch of nutella on our bagel," Hegedus said.

On a typical day, the boys woke up around 9 a.m., ate "like a pound of oatmeal," packed up their stuff and hiked until their lunch break at noon. Then they hiked until around 6 p.m., found a spot to camp and started a campfire or explored.

Their biggest surprises happened the few times they hitchhiked.

"This crazy prison priest from Saskatchewan picked us up near Cranbrook," Hegedus said. "We opened the trunk and he said, 'you may be surprised that there is no luggage in here. I forgot it.' When a flagger let us through a construction zone, the priest passed four semi-trucks and the person flagged him down and he lost it. We were trapped 'cause our bags were locked in the trunk. The rest of the ride was pretty awkward and we decided not to hitchhike again."

Despite meeting people on their side trips, the trail itself was nearly empty except for several trail organizers, who were thrilled to see someone using it so early in the season and posted a photograph of the duo on their Trails BC webpage.

"No one else was hiking as far as we were," Hegedus said. "There were some people who thought we were insane. One guy asked us which mental asylum we escaped from. There were other people who were incredibly impressed and thought it was the coolest thing."

"There were some people who thought we were insane. One guy asked us which mental asylum we escaped from. There were other people who were incredibly impressed and thought it was the coolest thing."

–Gergely Hegedus

Their inspiration came from the movie *Rabbit-Proof Fence*, which depicts the spiritual journeys of Australian aboriginals who trek across the outback.

"I think humans are nomadic," Saunders said. "It's in our nature to walk."

The journey was more rejuvenating than spiritual, both agreed. The isolation in the wilderness made the boys forget about time, dates and schedules.

"There were days when we went without seeing other people, which was refreshing because typically you're immersed in social contacts," Hegedus said.

They always had each other, though.

"We talked a lot, but you can't talk for 40 days straight," Saunders said. "We'd sing the Weezer album. We discussed our dreams a lot, anything to fill the conversation."

Through pain and sore muscles, the duo kept trekking on at an average of 40 kilometres a day. Saunders' face scrunches up as he remembers his infected ingrown toenail. The doctors wanted to remove the whole nail, but then he would have to stop walking. Hegedus pulled both of his Achilles tendons and could barely walk, but they both pressed on.

"We had so many other pains in our body," Saunders said, "that why worry about a toe?...We really pushed our bodies, because it was so worth it."

Highlights of the trip included the occasional McDonald's breakfast burrito and weekly bathing in small-town swimming pools.

"One of the best times was our friend Allison's hot tub [near Sutherland, B.C.] with all these fancy features," Saunders said. "After a couple weeks of not showering, that was refreshing."

Next summer the two plan to avoid summer work yet again and trek through South America.

"We started with an idea, and a month later we were on the trail," Saunders said. "You just have to get off your ass. It's an intense trip and it took a lot of willpower and stamina to get through the day, but it was more valuable than any part-time summer job I could have gotten. What's the difference in the long run?"

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News briefs

UVic not 'going postal'

Flickers of hope for a new UVic postal outlet have been all but snuffed out.

Since late this summer, Canada Post and Naz Rayani, owner of People's Pharmacy in the Student Union Building (SUB), had been negotiating the placement of a postal outlet in Rayani's small SUB lease space. But in early November, Canada Post turned the proposal down due to space limitations.

"There is less floor space in the pharmacy than we thought," said Merve Ozarko, Canada Post's regional franchise manager in Victoria.

"Operating a postal franchise isn't lucrative in itself," said Rayani. "There is very little remuneration. If I have enough to pay my bills from it, I am lucky."

Rayani says that postal franchise counters and walls must conform to specific standards. "As far as I know you can't deviate for local circumstances," he said. "My space at UVic is too small to meet Canada Post specifications."

Negotiations between Rayani and Canada Post will continue.

–Elizabeth Ferguson

Future of downtown decided

An alliance of business people, architects, politicians and city planners has crafted a new strategy for Victoria's downtown core.

Downtown Victoria 2020, a conference discussing social, community and business issues, attracted a large crowd to the Victoria Conference Centre Nov. 17.

The conference was heavy on business development and infrastructure strategies but provided few suggestions on how to combat downtown Victoria's social problems.

Despite its limited social focus, many believed the conference held promise for the future. "Gatherings of this sort are positive," said University of Guelph professor and conference speaker Bill O'Grady.

Mayor Alan Lowe was confident about implementing recommendations from the conference. "We've created an action plan with specific benchmarks by which we can measure our progress," Lowe said.

–Tim Hanson

Dark days for Black

Canadian-born English Lord of Crossharbour and newspaper tycoon Conrad Black announced his resignation as the CEO of Hollinger International on Nov. 17.

After admitting that he and other Hollinger executives received $32 million in unauthorized payments, Lord Black stated that he may be willing to sell the newspaper group.

This will mean that some lucky media tycoon may be the proud new owner of the distinguished Prince George Citizen, among other dailies.

–Norman Ed Baskerville

Buy Nothing Friday

The Environmental Studies Students' Association will be celebrating Buy Nothing Day on Friday, Nov. 28, outside the SUB with free music and food for all intersted.

Party's over for cheaters

BY BRYNA HALLAM

A local Internet site has the solution to your late night essay writer's block: plagiarism.

PartyCampus.com, self-described as "Victoria's Post-Secondary One Stop Site," offers students a chance to buy essays written by other students. The site's "Quick Essay" service provides original essays written by students who received a minimum grade of A-.

According to Dr. Michael Webb, chair of the University of Victoria's Senate Committee on Academic Standards, using one of these essays would be plagiarism. Plagiarism is defined in the university calendar as submitting another person's work as your own or failing to clearly indicate that the material is not your own.

"It's mind boggling," said Webb. "This clearly violates university policy."

UVic's administration is also concerned with the possibility of a cheating ring. They are considering what action could be taken against Party Campus.com to ensure that the Quick Essay service will not be offered.

Jordan Clarke, who calls himself the "Godfather" of Party Campus.com, says the essay service will be removed because of expectations that it will not meet its financial projections. He also said that the Quick Essay service was not intended as a way for students to cheat. "The service was intended to provide students with aid in starting their papers as many face problems with writers block and in general just starting papers," said Clarke.

Even if Party Campus does not offer its essay service, the university is right to be worried about cheating. Studies by Professor Don McCabe of the Center for Academic Integrity (CAI) at Rutgers University show that Internet plagiarism is a growing concern on campuses across the United States and Canada.

In a 1999 survey, 10 per cent of students admitted to Internet cheating. By 2001, this number had risen to 41 per cent.

The university is confronting the issue in various ways. Instructors are encouraged to structure assignments to make cheating impossible. Some instructors are using Turnitin, a Web-based plagiarism prevention and detection service. Students submit their work to Turnitin, which then generates a report stating how much of the content can be connected to other sources. It is then up to the instructor to determine if that content has been properly cited.

Webb said Turnitin is potentially a very useful tool for identifying problems, but it is not the preferred way to deal with the issue.

While it is important to catch people cheating in order to stop it from happening, the university's focus is on encouraging people to do the right thing.

Plagiarism can also arise from students not being aware of what constitutes plagiarism or how to correctly cite their sources, and the university is trying to provide the resources to educate students on what is expected of them.

"Students often don't know the boundaries," said University Ombudsperson Martine Conway, "or the proper format for citing information and using quotations."

Another concern brought forward to Conway's office is that the university lacks a uniform way of dealing with plagiarism. In the past, each department had its own standards and consequences for cheating.

A new policy has been developed by the Senate Committee on Academic Standards to eliminate the confusion.

There will soon be clear consequences and procedures for dealing with cheaters. According to Webb, the new policy will ensure that the consequences for cheating will be uniform across the university. UVic is also trying to establish a system for recording students who are caught cheating.

"We want to protect the people who try and do it properly," said Webb. "Students need to understand why this matters."

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EDITORIAL

Thundersticks and CosmoPaulitans

So this is democracy?

Paul Martin is what those of an older generation refer to as a "mutton in lamb's dressing." His hip-to-the-jive nice-guy campaign, promoted at the Liberal Party Leadership convention in Toronto, is a thin sauce that veils whatever he's really made of. In the world of politics, Martin is Canada's mystery meat.

At the convention, where he made his big debut as incoming Prime Minister, Martin acted more like a rock star than a serious leader of a democratic country. Which is funny, considering that the only substantive political speech given at the convention was by a rock star, Irish rock band U2's front man Bono.

Compared to Bono's emotional appeal for third world debt relief, Martin's acceptance speech came off as lame rhetoric. Its entire text could have been ripped off from a website for new age motivational speakers. Phrases like "It is a time when destiny is ours to hold," or use of the proverbial "we," replaced anything specific or substantial. And who blames him? According to news media and locals who attended the conference, most attendants were so tanked from drinking complimentary "CosmoPaulitan" martinis they probably would've cheered or waved their Martin thundersticks if he started to sing the Star-Spangled Banner.

At this circus debut, Martin said he intends to "reduce the democratic deficit in Parliament" and "rejuvenate" Canadian democracy. But if he's honest about trying this, he's certainly off to a bad start.

Martin managed to avoid having to face any real democratic opposition in his stroll to the Prime Minister's office. After losing out to Jean Chretien in 1990, he spent 13 years strong-arming his way into control of the entire Liberal party apparatus. This included hostile takeovers of the riding associations of Cabinet colleagues Herb Dalliwal and Martin Cauchon as well as those of innumerable backbenchers. Add that to the shocking 10.7 million dollars Martin raised for his campaign (compared to less than a million for his rival Sheila Copps) and you get an idea of the impossible task his potential rivals faced.

By the time the actual leadership race began last year Martin was essentially unbeatable. John Manley, Brian Tobin and Alan Rock all threw in their chips early, acknowledging they couldn't beat Martin's money. Copps gamely held on until the convention, but more for a chance to give a speech on the big day than from any delusions of victory.

Maybe for Martin democracy means a competition between dollars, rather than ideas. Maybe that's why he ran a decade long leadership race without ever once taking a firm stance on a controversial issue. Campaign finance reform, same-sex marriage, foreign affairs–we still don't know where Martin stands. But in the end isn't any kind of concrete plan for public policy much less important then having a hipster Prime Minister that knows rock stars?

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GRAHAM STARK GRAPHIC

"Today on CFUV we have Paul Tse-Tung, future Emperor of Canada."

LETTERS

Man-bashing a myth

As has happened many times in the past, I was recently reminded that there is a widely-held belief that feminism, and its academic embodiment in Women's Studies at UVic, is all about "man-bashing".

I'm an "outsider" on the "inside" of Women's Studies–a man in an almost entirely female realm.

It has taken some getting used to, and there are still times when I'm intimidated by the powerful, outspoken women surrounding me, and by the difference in the power that I feel in class, compared to how I'm used to feeling elsewhere.

So I feel I can understand where the idea of man-bashing came from in people who have little actual experience with Women's Studies–even the tone of discourse in a WS class can be disconcerting for the uninitiated.

But I want ye skeptics to know that, in three years of Women's Studies at UVic, I've never once felt threatened or bullied for my identification as a man. I've just never seen even a hint of "man-bashing" in those classrooms (and I would have noticed), and it really surprises me to be reminded that there are lots of folks out there on campus and in the community who still imagine that that is what Feminism is about.

As I understand it, in WS we look to see how power moves in social-spaces, and we find that it moves in certain patterns correlating with gender (among other axes), and from there, we're not afraid to hold real people accountable and take action. That's social justice, not "man-bashing," if you ask me.

Maybe I've just been indoctrinated by "fire-breathing, man-squashing, nazi-dyke-über-fems," or maybe the gals were hiding their andro-slander because I was in the class (uh-huh, most of my class-mates wouldn't hold their tongues for the Governor of California).

Regardless, I think that anyone holding the opinion that Women Studies at UVic is about "man-bashing" should check their heads and come find out in person what it's all about.

Ryan Green

Skidly *Martlet* staff

I am rather confused with comments published in the November 6 issue of *the Martlet*.

In reference to the "Wild Boy" story, Neil Robb was quoted as saying that "Vernon is pretty much made up of skidly looking people." Could you clarify the quote for me? Was he referring to Vernon or to *the Martlet* editorial staff?

Having grown up in Vernon and worked with *the Martlet* during my time at the UVSS I think that the latter is more accurate than the former!

Cheers,
Troy Sebastian

Suck up the fees, whiny students

In response to the constant concern about tuition hikes and lousy transit: deal with it.

According to the November 6 article about the transit meeting, there are three possible solutions: increased property tax, gas tax or fares.

Most are hoping that taxes will increase rather than fares. That would be ideal–but this world isn't. If you want better transit then you should be willing to sacrifice a couple beers a month and pay up.

Similarly, with tuition–get over it. Yes, it's lousy that the cost of education is going up, but university is supposed to be expensive–it's a privilege we should be willing to pay for. Students are supposed to be starving–it's the one time in life where it's perfectly acceptable to eat KD four times a week.

Before I got my student loan I didn't even have ferry-fare to get here.

Whether tuition is $3000 or $5000 doesn't make a difference when you're penniless.

I've recently applied to the Reserves–they pay half your tuition. If raising tuition is necessary then so is a little endurance and creativity. Suck it up, pay up and you'll have the privilege of one day looking back on your impoverished past.

Thanks,
Ashley King

White guys poster defended

I would like to comment on the recent posting of CSAAWG (Concerned Students Against Annoying White Guys).

I realize that the content of the poster may be humorous to some and offensive to others. I myself found it mildly humorous. Its initial objective was to create a reaction, to provoke thought, with this leading to an ultimate intention of creating dialogue.

It was a statement about behaviour that has been observed. Otherwise such a poster would not have been even thought of.

Some may not have noticed AWGB (annoying white guy behaviour) but I'm sure that there are students on campus that can relate as noted in your recent article. As this has become a bit of a controversy, I think it's extremely important for people to focus on a thoughtful debate about issues of privilege and its manifestation in our daily and personal lives.

It seems the difficulty truly lies within the fact that most individuals lack proficient skills in being self-reflective on their behaviours and the effects that they have on those around them. This posting was meant to challenge us to be more observant and aware in how we operate within everyday interactions and society.

Sincerely,
Zeta Lay

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The reality of Arab rights in Israel

BY KEVIN NEISH

As always, the Nov. 6 *Martlet* was thought provoking, especially the article "Israeli speaks out on homeland's bad rap," which reported on a pro-Israel talk given by Ishmael Khaldi.

The audience was understandably an "enthusiastically receptive" one as the extremely short notice precluded any awkward questions from people like me.

Thanks to your article though, I can at least use Mr. Khaldi's own statements to respond to his published complaint that "People are attacking Israel for being racist." For example, Mr. Khaldi stated that he, as an Arab Israeli, had the "right to own property." I would question the honesty of this statement.

Since it's creation in 1948, over 92 per cent of Israel's land has been held by extra-governmental organizations like the Jewish National Fund (which begs the question as to what happened to the Arabs who owned over 90 per cent of this same land in 1947, but I'll stick to the main point). Article 23 of the Jewish National Fund's lease provisions states "[T]he lessee undertakes [that]…the holding shall never be held by anyone not a Jew…otherwise the Fund may enforce the right of restitution."

It only gets worse, as Article 23 also states, "The lessee undertakes to execute all works connected with the cultivation of the holding only with Jewish labour…the Fund may apply the right of restitution of the holding without paying any compensation whatever."

As a non-Jew, if Mr. Khaldi owns property it is likely only as a favour from the Israeli government for the propaganda services he is currently supplying and the property would likely be taken away if his pro-Israeli leanings were to change.

My Merriam-Webster dictionary defines racism as "discrimination based on race," which I feel the above Israeli land ownership rules fulfill quite adequately. I could go on at length quoting other Israeli laws regarding Arab Israeli citizens' lack of full rights to political representation, citizenship, marriage, military service benefits, but let me again simply use Mr. Khaldi's own story to make my point.

Your article states, "Khaldi...is currently training to become the first Arab diplomat in the Israeli government." So, after over 55 years, with over 20 per cent of it's population being Palestinian Israelis, Israel can only muster up one lone Bedouin Israeli diplomat, who, I assure you, does not represent the interests of the majority of Arab Israelis.

Mr. Khaldi's own situation speaks for itself. Arab Israelis are, at best, second-class citizens. Regarding Mr. Khaldi blaming the Palestinians for the "present dispute," I say peace will come when the illegal Israeli occupation of Palestine ends and not due to the appointment of a meaningless, symbolic, propagandizing "Arab" diplomat.

If your readers were interested in seeing a real Palestinian point of view on Israel's occupation of their land, then take in the January 16 Activist Video Night to see "Children of Fire," 7:00 p.m. at Camosun College's Fisher Building Theater. Then you can decide on your own who the real terrorists are.

Can we see other countries?

BY TIM HANSON

I think it is high time that we as Canadians separated ourselves from our neighbours to the south.

Now, I don't mean that we ought to close our borders and declare war on the U.S., but we need to exercise our autonomy more fully on the world stage.

Canada depends heavily on America for its financial security. A billion dollars of trade per day says and influences a lot. Each time we voice a foreign affairs opinion differing from America's we risk upsetting our livelihood.

While our financial security depends greatly on trade with America, we are often fearful that our failure to fall in line with American foreign policy will compromise our revenues. After our refusal to commit troops to an invasion of Iraq, Bush saw no need to involve himself in the softwood lumber dispute that placed an unfair tariff on Canadian lumber imports.

Flying in the face of NAFTA, a document that promised cross-border access to products and services, President Bush commented, "Free trade does not come at the expense of American jobs." Free trade is only viable under positive circumstances for Americans. Instead of helping to end a bitter trade dispute, Bush saw fit to condemn Canada for our differing foreign policies. Canada-U.S. relations are always stymied by our refusal to participate in military ventures whose aims are at best, dubious.

It is my fear that we compromise too much in conforming to American policy on the grounds of economics. We risk losing our autonomy in developing "American friendly" policy.

During the "liberation" of Iraq, after tearing down one of the many giant statues of Saddam Hussein, American troops hoisted the star-spangled banner over the fallen figure of the hated dictator. Twenty minutes later, a communications officer realized the error and replaced it with the Iraqi flag. In Saddam Hussein International Airport, a franchise of Burger King has made a small name for itself by being one of the most profitable ventures in Burger King's history, and yet to date the reasons for the invasion of Iraq remain dubious. No evidence of weapons of mass destruction has been unearthed, nor has a link between al-Qaeda and Saddam's Ba'ath party been established.

A website, LiquidGeneration.com went so far as to publicly suggest that America had ulterior motives in the invasion of Iraq–"Operation Iraqi Freedom beat out such other names as Operation Get Oil for my SUV and Operation France can bite my Ass!" Although I present the connections as tenuous, there are countless other instances of Imperialist aggression hiding under the guise of proactive protectionism. As long as acquiring overpowering economic and military influence is the goal of America, we Canadians run the risk of reaping the rewards of oppression by allying ourselves with them.

After Canadians witnessed the events of Sept. 11, many began questioning if Canada was susceptible to a similar attack. Susceptible? Yes, we are. Likely to experience? No, we are not.

While I was disturbed by the tragic nature of the terrorist acts, I was by no means surprised. America has been terrorizing the world through military occupations, CIA funded coups and inhumane economic policies. The terrorist attacks were made to voice opposition to the American ideal that their way should become the world's way, and that America must be the most powerful nation in the world at the expense of everyone else. People forget that there were no Canadian targets on Sept. 11. The Canadian government neither has the budget nor the interest to further its country's interests at the expense of weaker nations. Our philosophy of multicultural communities discourage us from marginalizing other nations to further our interests. Canadians are respected worldwide for open-mindedness and respectfulness towards other cultures. It is our attitudes that protect us, not a nuclear capable military.

In response to the question of whether or not Canada would purchase new tanks, a Canadian military official defended the decision not to buy new tanks by saying that whatever conflict Canada entered into, America (and its Abrahms) would be alongside. It is these types of erosions of Canadian autonomy that put us in danger of losing our distinctly unique perspective on world politics and puts us in the cross-hairs of Anti-Imperialist terrorists.

Now as Canadians push for closer relations with the U.S., we must be cautious to the nature of those new relations.

We must be careful not to compromise the philosophies and policies that have made this great country what it is–free, peaceful and culturally respectful. To do otherwise would be un-Canadian.

Reflections on a friend

BY JEFF WAYE

John Fraser, a recent alumni of UVic, died of natural causes–esophageal rupture and rupture of the diaphragm on September 3, 2003.

John was a graduate of the science department, a member of the UVic Senate and a volunteer in the community, but was notoriously known for his saw-edged sense of humour.

This column is a brief reflection of my fellowship with John along with a thumbnail account of his cavalier nature.

I was originally introduced to John through involvement with Scouts Canada.

Both John and I were volunteer scout leaders and during the years I lived in Victoria I had the opportunity to get to know this first-rate outdoorsman. On foot, we explored much of the trails in southern Vancouver Island and conducted expeditions on the Gulf Islands.

Not only did I learn a great deal of skills from John, but I can also affirm that he was a significant asset to the Scouts Canada Organization. He was involved with the scouting movement as a Scout Leader. He instructed leadership courses and was clearly devoted to the organization at the root level.

John was amused by my transient lifestyle–the drifting Maritime.

However, I don't know what I would have done if he hadn't had such a generous nature.

Originally from Nova Scotia, I have lived all over the Canadian provinces. But with Victoria being quite beautiful, I have claimed here as my home away from home and return periodically.

On one occasion in particular, having arrived in Victoria with a bag of clothes and perhaps $200 in pocket, I phoned up John for a place to stay. I believe that I ended up staying for five or six days in his eight feet square dorm room, while I went job and apartment hunting in the Garden City.

Due to the fact that I had no affiliation whatsoever with UVic, we devised a plan whereby we could eat together at the cafeteria. In a sort of a cloak-and-dagger approach, I would saunter past the cashier to avoid being questioned about my schooling status, while John–in possession of the beloved meal card–would proceed to the counter. With the mountainous tray of inexpensive yet usually unpalatable food on his tray (which I'm sure humoured the cashier), John would swipe the meal card and we would be in business. I would pay him for my portion of the feast once he was long past the cashier's gate.

Through our friendship I had plenty opportunity to learn of John's humour.

As a member of the UVic Senate, John had his nose in a plethora of concerns and debates.

I recall enjoying John's witty remarks on various issues and I assume this was due to his consummate sense of the truth. John had a raw, natural common sense about him and disclosed his opinions in a most candid way.

Samuel Butler once wrote, "A sense of humor keen enough to show man his own absurdities, as well as those of other people, will keep him from the commission of all sins, or nearly all, save those that are worth committing."

Aside from his barbed humour, John will be commemorated for being an open-handed volunteer in the community and will be forever recalled in my mind for his generous hospitality.

Daily balance

Living with diabetes

BY HOLLY PATTISON

Kyle pinches his belly and plunges the two-inch needle in at a 30-degree angle. A fine plastic tube slips out of the needle's core and stays lodged in his abdomen. The tube connects 58 centimetres of coiled tubing to Kyle's new insulin pump, which clips onto his waistband like a pager.

"It looks like a sewing needle," he grins, holding up the silver sliver.

"Doesn't it hurt?" I ask. "That thing's bloody long."

"It smarts," he says. "But you get used to it."

Kyle twitches his goatee in concentration. I watch him smooth the white suction-cup bandage that protects and secures the lodged tube in his belly. He joins the site to the tubing with a snap. The pump beeps as he programs it to deliver a steady stream of insulin.

Switching to the continuous flow pump from intermittent insulin injections completely changes how Kyle, 32, has managed his diabetes for the past 18 years. As a Type 1 diabetic, Kyle needs daily doses of insulin–a hormone produced by the pancreas that breaks down sugar in the blood to use as energy. Diabetics essentially have dud pancreases.

We've been together a few years, but I'm still sometimes surprised at how meticulous Kyle needs to be about his health and the round-the-clock time spent on blood tests, injections and meals. Gradually I learn. Besides being a writing student drawn to fascinating details, I'm curious how this new treatment will change his life.

An internal motor drive in the pump clicks as clear fluid starts to push through the rigging and into Kyle's body, seeping into the subcutaneous tissue beneath the skin. The insulin pump is Kyle's lifeline. He can detach himself for up to an hour for swimming or showering (or sex)–otherwise, he's permanently hooked.

This steady insulin stream is called a basal rate. (A vial of insulin once shattered on our dining room table. The sprinkled fluid was sticky and smelled like pepper.) Separate doses are programmed for the pump to deliver insulin to cover carbohydrates eaten, called boluses. Basal and bolus are two words pumpers learn to live by.

The whole works needs to be changed every three days. Every puncture leaves its mark–a wash of fading red bumps from previous sites freckles his belly. They're more pronounced than the fine punctures previously left by syringes on his arms, legs and abdomen. But Kyle says, "Sticking myself with this big needle once every three days is much better than the six or more insulin injections [a day] I used to take with a smaller needle."

He rubs a sticky ring of bandage glue off the old site with his index finger.

"Sometimes it hurts if it goes in at a weird angle," he admits.

A weird-angle insertion happened the first time Kyle changed his infusion set. The site was tender, but it was such a new sensation overall, he wasn't sure if it felt "wrong" or not. Later, as we sat with my two kids in the theatre, Kyle felt the symptoms of a high blood sugar reaction: dry mouth, confusion, tiredness, and the frequent need to go to the bathroom.

"I get this funny feeling in my sinuses when my blood sugars are high. It's like a taste that I can feel at the back of my throat," he says.

He had to leave the theatre and start a new site. The plastic tube stuck into his belly was bent, blocking enough of the insulin's flow to jolt his blood sugars into the high teens. The difference with the new site was almost immediate as his blood sugars started to drop, but he felt sick for more than a few hours.

Throughout the day, Kyle pricks his finger with a bloodletting device, which sounds like a medieval instrument of torture, but is actually a pen-like tool that shoots out a small blade, or lancet. It clicks as it jabs into his finger and retracts. The pearl of blood is sucked up by a match-sized test strip that sticks out of a blood glucose monitor, which measures the amount of sugar in blood.

Normal blood sugar registers around five to seven. Kyle's blood sugars range from two to 20. If he tests high, he boosts himself with insulin. If he's low, he eats. He charts each result on a graph. On bad days the jumping lines look like the EKG of someone having a heart attack.

The more often Kyle tests, the more accurately he can manage his blood sugars. (He once estimated that he's poked his finger over 18,000 times.) But he can't always afford the supplies he needs.

"I test more often if I know how I'm going to pay for my next batch of test strips," he says.

Pharmacare or medical plans such as the University of Victoria Student Society's (UVSS) cover only some of a diabetic's medical expenses, which can reach $500 a month. Kyle's had to cut corners with his care–less frequent testing is one example–but his long-term health may pay for it.

So might the government. "I'll stick it to them when I have to go for kidney dialysis twice a week," he morbidly jokes.

Needle injections are cheaper than pump supplies, but Kyle won't consider switching back. "This is the first time in my life, since I was diagnosed at 14, that I've had any semblance of control over my diabetes," he says. "If you had cancer would you opt for a less-effective treatment?"

I think he's only half joking when he says he'd knock over pharmacies to get supplies if he couldn't afford them.

Unpredictable blood sugars mean Kyle always carries around emergency rations (usually a few granola bars). Low blood sugar reactions can happen unexpectedly and quickly. Without sugar to fuel the brain, a diabetic may lose concentration, consciousness or slip into a coma.

Kyle staggers into the kitchen, bounces off the edge of the counter. His glazed eyes blink at the fridge, the cupboard, the floor, at me. "I'm low," he says, his voice a thick slur.

I pour him a glass of apple juice, a quick fix. He's tall, muscular and healthy looking, but right now I could knock him over with a finger. It never fails to surprise me how delicate this business of balancing blood sugars is.

The pump gives Kyle better control, but he still has reactions, which can interfere with vision, mood and muscular control. Reactions can be hard to understand, especially for my children. I explain the logistics of diabetes as I learn them myself. We talk about the disease and what to do if Kyle has a bad reaction. They know when to offer a glass of juice and when to call 911.

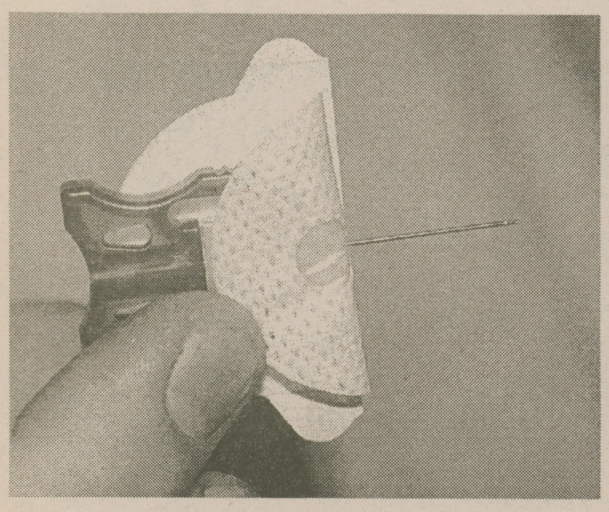
I gradually learn. I figure diabetics must have to be their own scientists to manage blood sugars properly, let alone achieve and maintain good health. I think about how easy it is for me to grab and eat an apple, a muffin, dinner. I may be aware of what I'm eating, but my life doesn't depend on precise calculations of what I ingest.

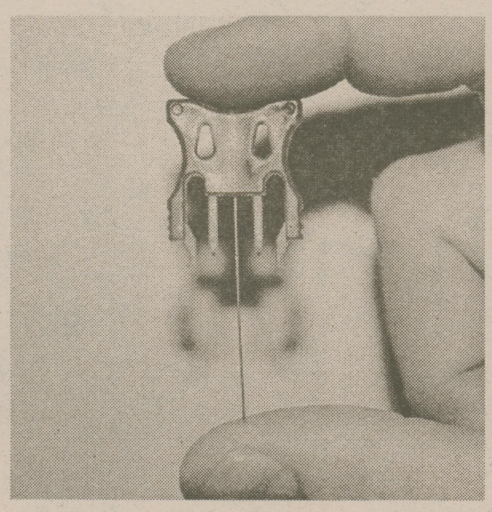
But it's not only food that affects blood sugars: stress or illness boosts them up, exercise and medications drop them down. Roving blood sugars have the unpredictable power to cancel plans at the last minute, confuse communication and cause genuine worry. But steady small doses of fast-acting insulin from the pump are supposed to regulate blood sugars better than the long-acting insulin Kyle used to take by injection. The pump often improves a diabetic's blood sugar control, but it's not a cure.

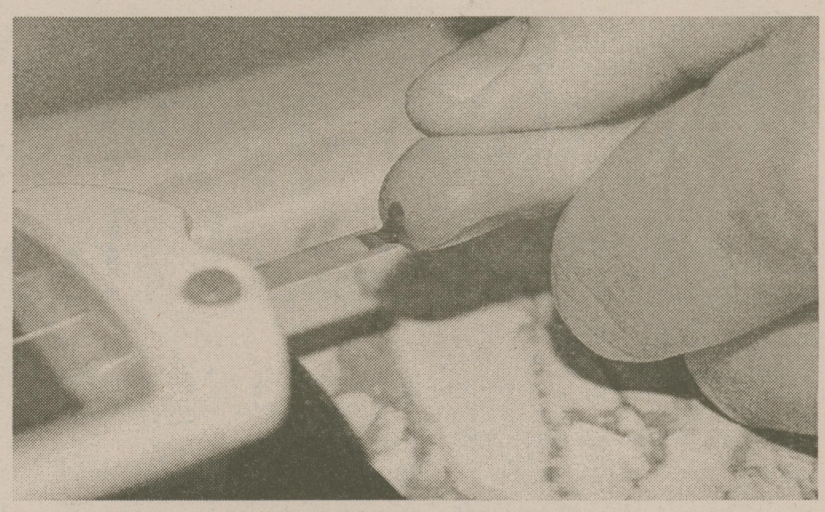
Kyle shifts uncomfortably in the too-small metal-framed chair in the Harbour Towers hotel meeting room. Several times a year, the Canadian Diabetes Association in

HOLLY PATTISON PHOTOS

November is Diabetes Awareness Month. Above, an insulin pump rests against a pile of the disposable needles it replaces.







Victoria hosts seminars about diabetes. It's March 2003, and we've come to hear Vancouver endocrinologist Dr. David Thompson talk about islet (or pancreas) cell transplants.

Thompson calls islet cell transplants the beginnings of a cure for Type 1 diabetes. Diabetes, he says, is an immune-system response–something environmental triggers a diabetic's body into attack mode. Receiving cow's milk as an infant is likely one environmental trigger, he says.

"That fits me," whispers Kyle. "I had cow's milk as a baby."

I shift uncomfortably as we're reminded how high and low blood sugars damage the body over time. Heart disease, kidney failure, blindness, impotence and limb amputations are some complications faced by diabetics.

Kyle already has some kidney and eye damage. And the toe next to his left baby toe sometimes shines red with infection. Last summer it flared and the red flush of infection started to crawl up his foot. The doctor gave him a mega-dose of antibiotics and drew a purple magic marker line along the advancing red tide to mark the infection. If red spread past purple, Kyle was to head to the hospital. The infection receded, but his toe is still discoloured, a startling reminder of the diabetes package.

It used to be much worse, says Dr. Thompson. Fifty years ago, before the discovery of insulin, diabetes was a death sentence. Even today, he says, many diabetics who could live healthier lives are restricted by the high costs of treating the disease.

No kidding, I think, recalling Kyle's occasional need to leave his infusion site in longer than he should.

"The government doesn't fund diabetes care anywhere near where they should," says Dr. Thompson, who is conducting a five-year study on the costs associated with the treatment of diabetes. "It saves the health care system to treat diabetes intensively, but the government has to be constantly reminded of that."

"Pay now or pay more later" is the message. Diabetes, which affects over two million Canadians, is a personal disease–each individual's needs vary. On average it costs two to five times more for a diabetic's routine health care needs than it does for a person without diabetes and the cost can skyrocket if a diabetic's kidney fails or a limb turns gangrenous and needs amputating. But Dr. Thompson hopes to prove that it saves money and preserves health to help diabetics treat their disease properly.

As we listen and watch the pictures of damaged and diseased eyes, hearts, kidneys and yellow pancreases in Dr. Thompson's PowerPoint presentation, I silently worry about the costs of supplies and the damage caused by corner cutting.

I imagine Kyle receiving an islet cell transplant–collected pancreatic cells from a cadaver injected into the liver, which can kickstart a diabetic's system into producing insulin. But there aren't enough organ donors to meet the need.

And it's tricky business. Dr. Thompson says that freeing islet cells from a donor pancreas is like mining for gold. It usually takes two pancreases to harvest enough healthy islet cells for one transplant recipient. Still, Dr. Thompson sounds confident that treatments from current research will result in the disappearance of Type 1 diabetes.

I imagine Kyle free from needles and tubes, and from having to calculate every morsel that passes through his lips. I imagine him not having to cancel plans at the last minute because of an unexpected reaction. I imagine him feeling well. I decide right then to donate some of my islet cells to Kyle, once they perfect the technique, and tell him so. He smiles and touches my cheek.

But islet cell transplant therapy is in its research phase; it's not available to most diabetics. And the daily anti-rejection drugs, which recipients need to take instead of insulin after a transplant, have side effects that can be fatal.

"It's a balance of risks," says Dr. Thompson. "You're essentially trading one illness for another–diabetes for chronic immune suppression caused by the anti-rejection drugs transplant recipients must take for the rest of their lives."

Research in other areas continues: stem cell therapy, live donor transplants and xenotransplantation (using pig islet cells, which Dr. Thompson compares to the pig valves used in heart surgery).

After the seminar, people gather around a white-clothed table of cookies, coffee and water. Beeps and clicks sound throughout the room like dueling dialing cell phones as people program their pumps for a cookie bolus.

Later, in bed, we spoon. I snake an arm around Kyle's waist, accidentally grazing both the pump and the infusion site. (I keep doing that–it's like constantly whacking a sore finger.) I flinch and retract, imagining that I've dislodged the works, forcing Kyle to prematurely change his site and thwarting the moment of closeness. But he grabs my hand and moves it higher up.

"It's okay," he says. "It takes more than that to rip it out."

His confidence and the snapping click every few minutes assure me that the pump is still doing its 24/7 job. I relax and coil into pre-sleep mode. My brain deciphers the disease.

Gradually I learn. Seeking balance is a daily ritual. Sleep comes and swaddles my mental slide show review, blurring the images of bleeding eyes, clogged arteries and yellow islet cocktails.

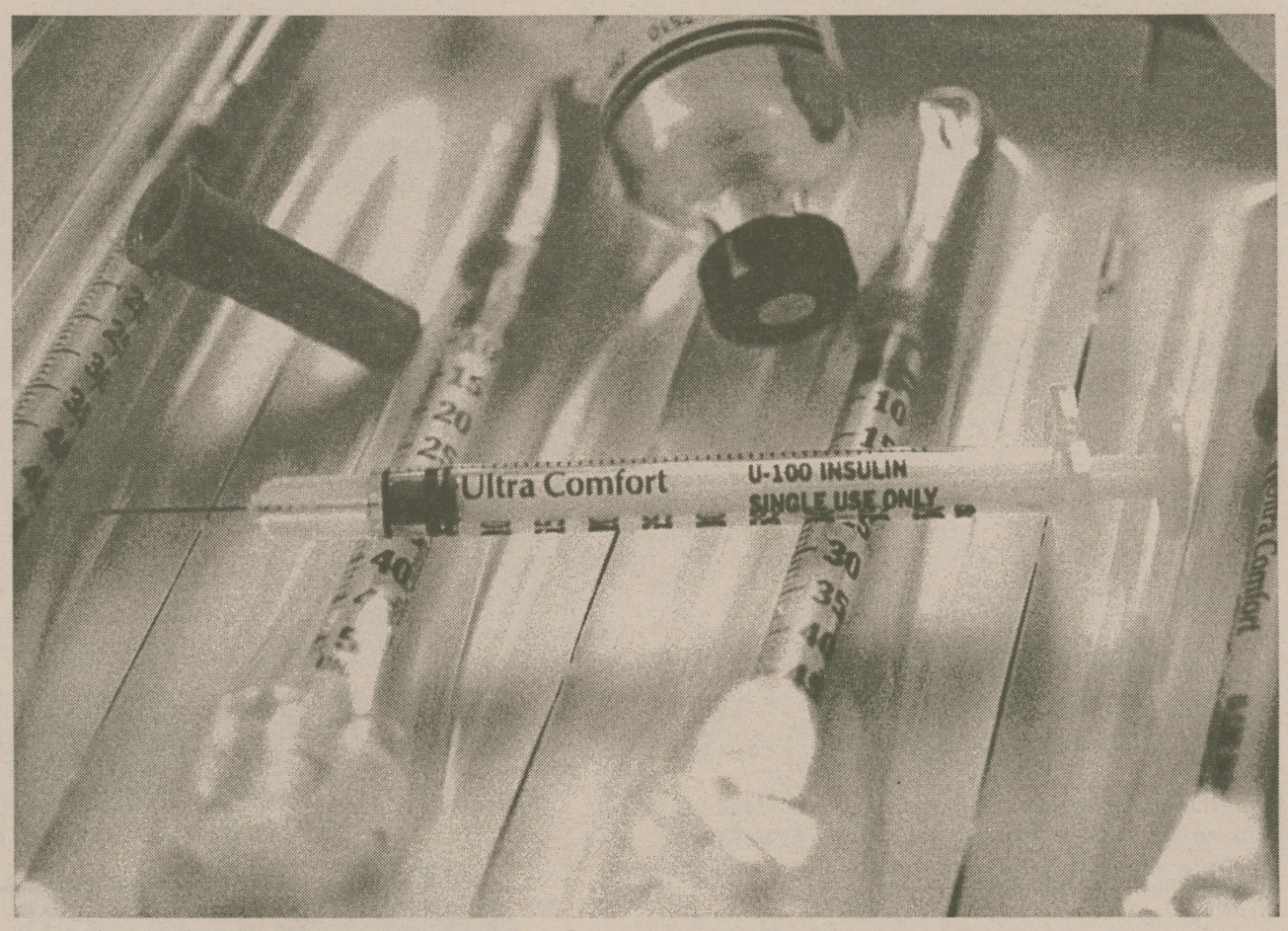
What is diabetes?
A diabetic's body cannot properly store and use fuel (glucose) for energy. To use glucose, your body needs insulin. Insulin is made by a gland in your body called the pancreas.

Type 1 diabetes: The body makes too little or no insulin. Type 1 diabetics always need daily injections of insulin.

Type 2 diabetes: The body can't use the insulin it makes. Type 2 diabetes is usually controlled or even prevented through lifestyle: healthy diet, weight control, exercise and sometimes medication.

Diabetes Facts
- Nothing can prevent Type 1 diabetes.
- It is not caused by eating too much sugar.
- Over 2 million Canadians have diabetes.
- Diabetes is the leading cause of death by disease in Canada.

Diabetes History
1552 B.C. Earliest known record of diabetes found on 3rd Dynasty Egyptian papyrus.
1 A.D. Diabetes is described by Arateus as "the melting down of flesh and limbs into urine."
Up to 11th century "Water tasters" commonly diagnose diabetes by drinking a suspected patient's urine, which was thought to be sweet tasting.
1850s French physician Priorry advises diabetes patients to eat extra large quantities of sugar as a treatment.
1921 Insulin is discovered and successfully tested on a de-pancreatized dog.
–Canadian Diabetes Association (www.diabetes.ca)



Type 1 diabetics not using the insulin pump have to inject themselves six or more times daily.

Rhythm appeals to the feet and the heart

BY LAURIE BURNS

West African musician Alpha Yaya Diallo considers the process of creating music to be the most important part of the journey, but his fans may be too wound up dancing to his rhythm to remember anything but the current moment.

Diallo, who played a Nov. 9 show at Victoria's Central Bar and Grill with his band, Bafing, enjoys the lack of inhibition evoked by his ethnic beat. For the award-winning musician, seeing people enjoying his music and responding to his sound is the greatest reward.

"The most important thing is the feeling that the message is getting out," said Diallo.

"You have to trust yourself as a musician before going onstage and sending your music out for people to hear."

As a boy with a guitar in Guinea, Diallo's dream was to pursue music on an international level. He traveled around other west African countries to discover forms of traditional music, deriving inspiration from the continent's various cultures. After balancing his music with genetic studies at university, Diallo found opportunity in Europe with the Guinean band Fatala and toured Europe and North America before settling in Vancouver in 1991.

"My goal was to be an international musician and share my music with people through touring," said Diallo. With recognition and critical acclaim, the self-taught musician has earned a reputation for his unique sound. He maintains loyalty to his past by infusing African music with Western influences.

"I've always tried to transpose traditional African rhythms into my guitar playing," said Diallo, who cites African musicians and other guitarists such as George Benson and Eric Clapton among his musical inspirations.

Since his arrival in Vancouver, Diallo has won Juno awards for his album *The Message* in 1999, and his latest album, *The Journey*, in 2002. On both albums, Diallo experimented with sound, taking his acoustic roots style to new levels.

"I've tested different guitar styles and the addition of new instruments," said Diallo, adding that he keeps his use of modern musical technology to a minimum. "I am careful not to change the traditional sound completely," he said.

One of Diallo's favourite aspects of his music career is touring different countries, but balancing his extensive travel schedule with family life can be difficult.

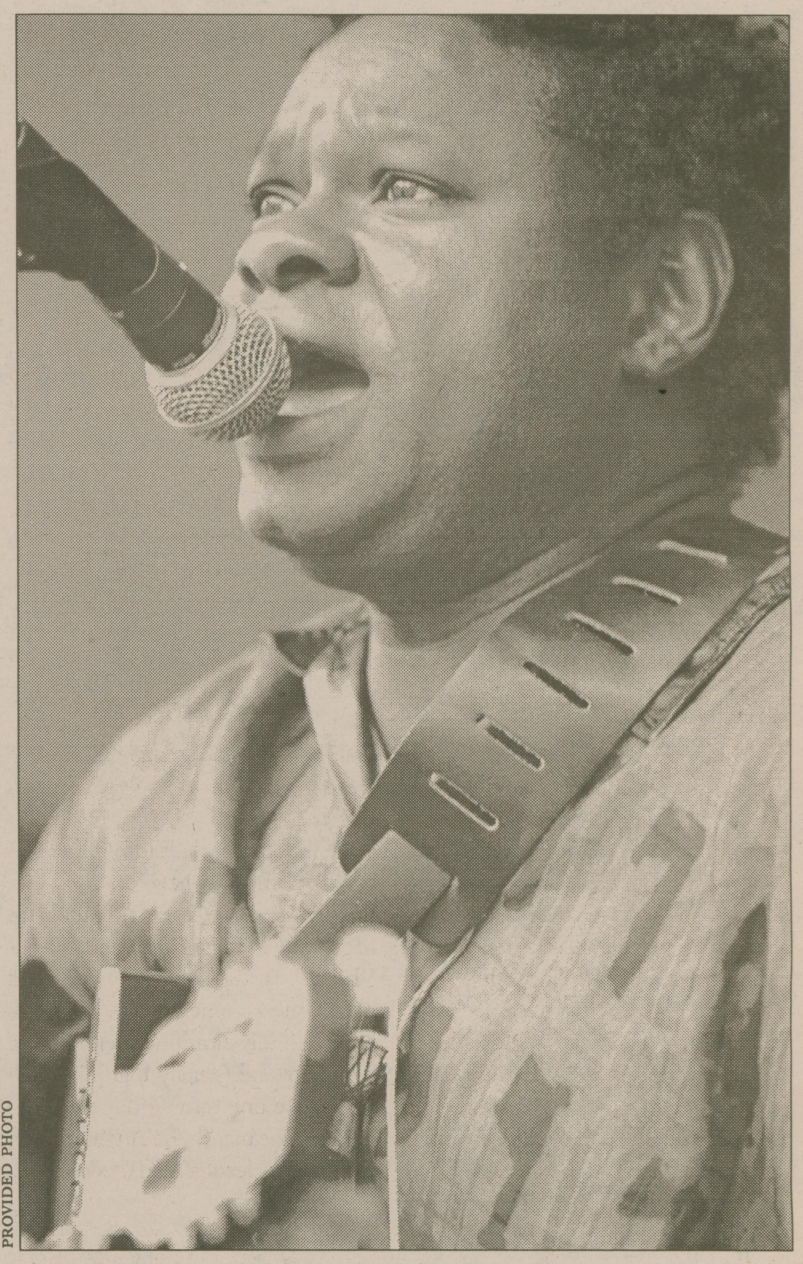
"It's hard being away from my family, but I love touring," he said. Diallo carries his message to every country he visits.

In addition to playing the guitar and percussion instruments, including the balafon (a wooden xylophone), Diallo writes most of the lyrics to his songs. While performing onstage is how he expresses himself directly to his audience, Diallo equates writing a song to "something from the bottom of the heart."

His fans' feet dance in response to Diallo's wild rhythms and he hopes his message is reaching their hearts.

"As an African musician, my message is one of peace, stability, freedom and adventure," he said.

"Music is a way I can share a culture."



PROVIDED PHOTO

Alpha Yaya Diallo, singing from the bottom of his heart.

The Strokes won't be forgotten for a long time

BY RICHARD MCDEVITT

The Strokes
Room On Fire
RCA

There's a certain irony in the fact that Julian Casablancas' first words on *Room On Fire* are "I wanna be forgotten/and I don't wanna be reminded." In 2001, The Strokes were catapulted into the spotlight with the success of their debut album *Is This It*. The album was hailed as genius by some and all hype by others. Regardless, it stood out among the over-produced pop on the radio because its stripped down production actually sounded like you were sitting in the band's practice room.

They toured consistently for two years straight and wore themselves down to the point of exhaustion, then had to face the pressure of recording a follow-up. They had one false start with producer Nigel Godrich (Radiohead, Travis) before they went back to Gordon Raphael, the mastermind behind their first album.

If *Is This It* was genius, then *Room On Fire* is a masterpiece. It only takes about 10 seconds to realize that this band has matured and improved. The Strokes aren't holding anything back on this album. It's edgier, more confident, a little looser in some places, a little tighter in others and most importantly, the songwriting has been stepped up a level. Casablancas still sounds charming as ever. Nick Valensi and Albert Hammond Jr.'s inter-winding guitar lines are reaching a level of excellence. Fabrizio Morretti's drums are even more mechanical this time around, with the charismatic Nikolai Fraiture's bass rounding off their sound.

The first single "12:51" is deceptively simple in structure. It sounds like The Cars, with lead guitar riffs sounding like a keyboard. The handclaps will make anybody who doesn't know the band double-check the release year on the sleeve. The song is a good example of The Strokes' formula: simple chord structure with unadulterated emotion. (Be sure to check out the *Tron* inspired video.)

The highlight of this album is "Under Control." It's the first time the band has slowed down and actually sounded relaxed. The only slow moments on their debut were still quite subversive. However, the sentiment that pervades this song feels like drinking a cold beer on the hottest day of the summer and hanging out with your best friend. The lyrics are sweet enough to make the most jaded old fool feel a little fuzzy: "I don't want to change you're mind/I just want to watch you go by/I've got to know you're alright."

"The End Has No End" is book-ended with heavy guitar riffs, the song in-between imparting some of Julian's newfound wisdom: "It's not the secrets of the government that's keeping you dumb/it's the other way around." "I Can't Win," a choppy frustrated tale about the quandaries of being young, intoxicated and bored, brings the record to its conclusion.

Room on Fire is much more poignant than their debut record. These five guys aren't the same scruffy stoned kids who've had too much too drink, dazed by the attention and success that they're facing. They've grown up and learned from their hardships over the past two years. They have managed to overcome the dreaded sophomore slump with a record that enables them to keep their sound and yet not come off as though they're going in circles. With an album like this, The Strokes won't be forgotten for a long time.

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Ecclesiastic scandal at Langham Court

BY MEGAN STEWART

Reverend Lionel Espy is desperate for a sign from God. He needs to know why the church is so helpless when it comes to making a real difference in people's lives. Losing faith in an ever-changing Anglican church, the doubt-ridden vicar no longer knows how to share his love for Christ with others.

Racing Demon, penned by esteemed English playwright David Hare, couldn't be performed at a more appropriate time. In light of the heavily-debated definition of marriage and rifts caused by the first openly-gay Anglican bishop, the church is at a theological crossroad.

Demon, first performed in London in 1993, is part of a trilogy criticizing certain British institutions. Besides the Church of England, Hare also targets Britain's criminal justice system and a left-wing political leader.

The story follows three ministers in their poor South London parish as they deal with individual crises of faith. The experienced but aging Espy (a calm and captivating Paul Bertorelli) leads the ministerial team of Tony Ferris (Nathaniel Vaandering), a young, idealistic curate, and Harry Henderson (Toshik Bukowiecki), a homosexual priest whose privacy is invaded.

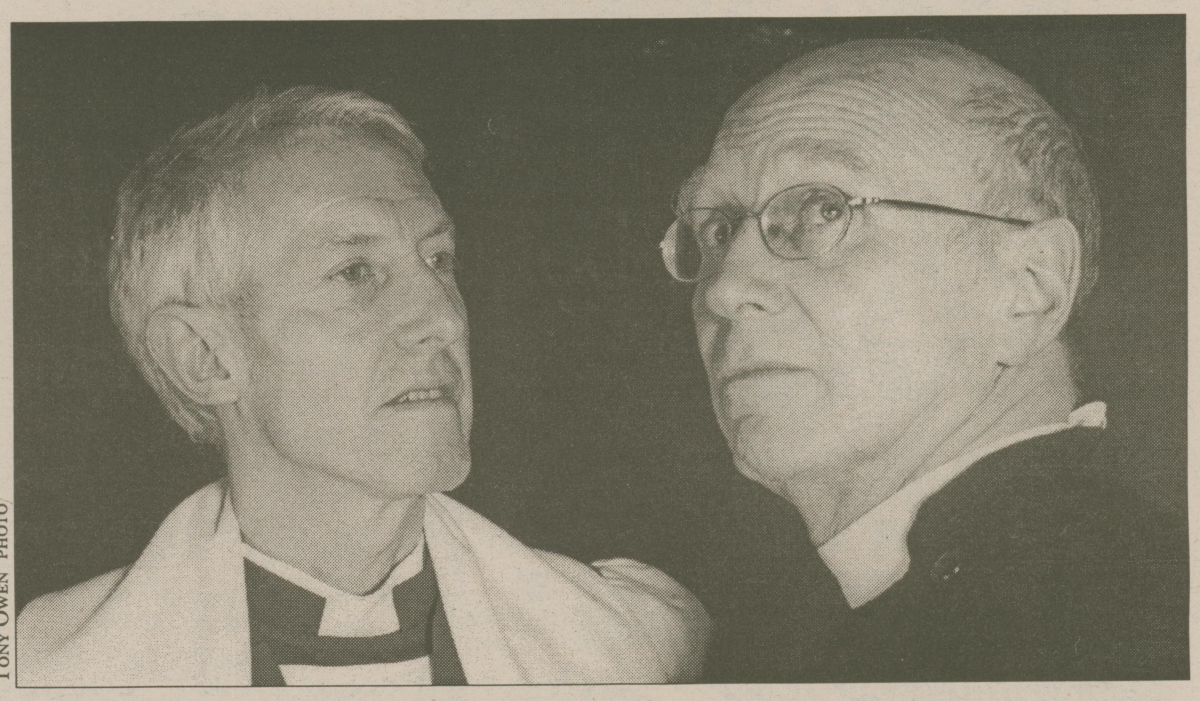
Through his characters, Hare deftly handles lofty ideas. Yet *Demon* is moving because although it is a remarkably intelligent piece of theatre, it is also very human. It gets people into conflict, not just ideas. The script is poignant and comical. One of many gems: when the changed fortunes of one priest send him to a "hatch, match and dispatch" parish.

Co-directing along with Cynthia Pronick, Keith Digby, who entered the priesthood at a young age but now considers himself non-religious, recognized the roles and perspectives as soon as he read the script.

"The fundamental divide between those who want to deal with the personal aspects of the lives of their parishioners, their social well-being and those concerned almost entirely with their immortal souls–heaven and hell–has not changed since I wore a cassock in the fifties," said Digby.

As the three ministers either re-evaluate their beliefs or begin to doubt their faith, each one ends up neglecting friends, family and lovers.

Lionel is happy letting troubled parishioners come to him for guidance and salvation but overlooks his wife until she's finally frigid by habit and is the one turning him away. In addition, he battles the Anglican hierarchy as his leadership faces criticism from the Bishop of Southwark (Eric Grace).



TONY OWEN PHOTO

Eric Grace as the Bishop of Southwark and Roger Carr as the Bishop of Kingston in *Racing Demon*, by David Hare, at Langham Court Theatre.

While Tony's evangelical tactics fill pews, the born-again minister embraces the supernatural and grows further apart from his agnostic friend and once-lover, Frances Parnell (a captivating and clear-headed performance by Lorene Cammiade). "Human love passes," he tells her. "God's love doesn't."

One priest wants God to break his silence and lighten humanity's suffering, while the other is desperate to show God how well he is spreading the meaning of scripture and how worthy his work is.

Both ministers have envisioned society as it could be but each has varying levels of public and private success as they endeavour to achieve this ideal.

It would be unfortunate for any conservative Christians, non-believers or members of other faiths to assume *Racing Demon* is not for them. It is an intelligent, relevant play that ponders big questions.

The curtain lifts nightly, Tuesday to Saturday at 8 p.m. at the Langham Court Theatre. Closing night is November 29.

Fiddler on the Roof is 'just a joy'

Victoria Operatic Society's season opener one of the best-loved musicals of all time

BY BRIONY SMITH

Just in time for the holiday season comes the heart-warming family favourite *Fiddler on the Roof*, one of the most popular musicals of all time. It is the first production in the Victoria Operatic Society's 59th season and is shaping up to be quite the show.

Following the story of Tevye, a poor Russian Jewish dairyman and his family, director John Roebuck acknowledges that a lot of the play's freshness lies in the fact that it was one-of-a-kind when it debuted in the 60s. "It broke the mold of Broadway musicals: it featured real people, real situations, real emotion." The depth of the well-written script brought a richness to the musical genre that wasn't present before in the predominantly light and fluffy productions that peppered the Broadway scene.

PROVIDED PHOTO

Randy Parker as Lazar Wolfe and Chris Moss as Tevye

In the present day, putting on a musical that deals with people and events so far away in geography and time increases the level of challenge for all involved.

Set in the small village of Anatevka at the beginning of the 20th century, this production strove to have as much authenticity as possible. Roebuck did a lot of research about Czarist Russia, where the play is set.

The production also brought in experts like Martin Moscow–veteran of 38 *Fiddler on the Roof* productions, including two on Broadway, who is fluent in Hebrew and Yiddish–and Marvin Sharpe, from the local Congregation Temple Emanuel who helped out by making sure that prayer shawls were placed just right.

This accurate background creates a tapestry against which the actors can strut their stuff onstage.

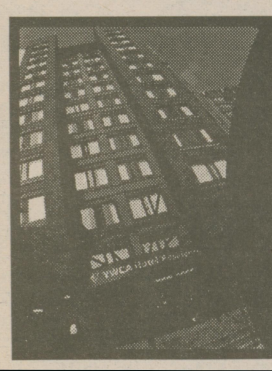
"It really is Tevye's story," Roebuck says. Chris Moss, veteran of other VOS productions like *Jesus Christ Superstar* and *Sweeney Todd*, takes on the lead role of Tevye. He was eager to take on such a challenging part, a role that he compares to the great Shakespearean leads like Hamlet and being the kind of "male lead role every stage actor wants to do: that large classic-type role." One of the biggest challenges of taking up Tevye's yarmulke was the fact that everyone who comes to the musical will be expecting Moss to play the character that they saw in the 1971 Best Picture nominee *Fiddler on the Roof*. "It was important that I develop my own character."

Moss also appreciated the gravity of the play's themes. "*Fiddler* has a dark side," he says. "But there is also so much hope. There's many dramatic shifts of highs and lows, so if we do it well, we hope you'll have to bring along a box of Kleenex."

The cast is required to enact many different kinds of scenes, from high jubilation to the depths of despair, which the entirely non-professional cast manages amazingly. Every single person involved with *Fiddler on the Roof* is unpaid and is volunteering their time to mount this production. "We're doing it for the love," laughs Roebuck.

But he is confident that his cast and crew will provide viewers with a *Fiddler* of Broadway caliber, including such treasures as ensemble numbers featuring 44 voices and a "To Life" number featuring Russian acrobats.

It is the very fondness for this timeless musical that makes *Fiddler on the Roof* both an old favourite as well as something new to get excited about when you go to see this fresh production.



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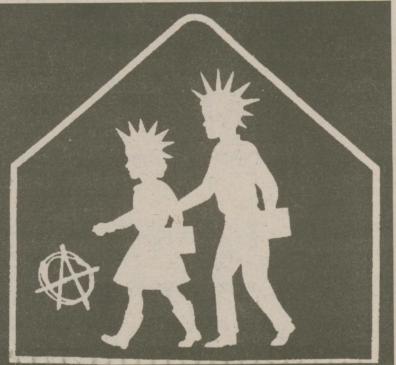

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Rockstars' wit and wisdom

BY DANIEL SAUNDERS

Quotable Pop: Five Decades of Blah Blah Blah
by Phil Dellio and Scott Woods
Sound and Vision Ltd.

"Rock stars–is there anything they don't know?" Homer Simpson once asked.

Well, yes.

Adding to the growing evidence that rockstars may not be, as a rockstar once sang, "the sharpest tool in the shed," is Scott Woods and Phil Dellio's new *Quotable Pop: Five Decades of Blah Blah Blah.*

When it comes to rockstar ridiculousness, Woods and Dellio know what they're talking about.

Their last collaboration was the essential *I Wanna Be Sedated: Pop Music in the 70s*, a slim volume that captured the insanity of the era of Poco, Foghat and K-Tel in the funniest and most truthful manner imaginable–despite being completely full of lies, like that the Ramones were "four brothers from the tiny country of Ramonia."

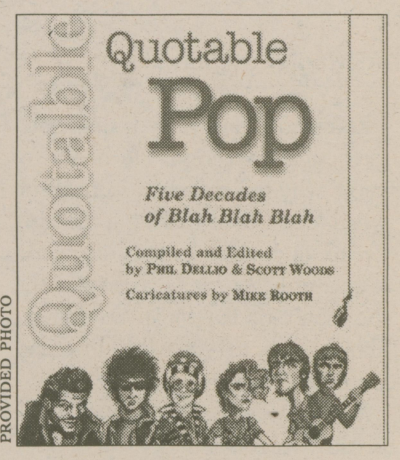
Quotable Pop is clearly a record geek labour of love, with 122 pages (boasting an average of seven quotes per page) of the most embarrassing, pretentious, revealing–and occasionally, smartest–things famous musicians have ever said. Apart from the obvious selections, like those from high-spirited 60s Beatles press conferences, these are the results of painstakingly combing old interviews. The book is accompanied by frighteningly vivid caricatures, and divided up into dozens of sections, so you can find wisdom from your music heroes on Drugs (Deborah Harry: "Everything is better when you're straight, except fucking up"), Sex, and Self-Deprecation.

The recurring names fall into three camps. Some are there for the purposes of mocking, like Madonna ("Crucifixes are sexy, because they have a naked man on them"), the brothers Gallagher and Jethro Tull. Others, like Johnny Rotten and Patti Smith, may be making fun of us. For some, it's impossible to tell, like with Bob Dylan's message to "Keep a good head and always carry a lightbulb."

Also emerging as stars of the book are salty old-timers like Jerry Lee Lewis and Little Richard, and unclassifiable personalities like David Lee Roth.

Many entries require knowledge of their subjects to get the humour, like Jonathan Richman solemnly claiming inspiration for his music from "the music of the montagnard of Vietnam," or Huey Lewis saying "Artists are meant to be enemies of the state. Generally, we're supposed to be sort of outlawish."

The authors were underground



PROVIDED PHOTO

music journalists with the Toronto magazine *Nerve!* in the 80s, which may explain the surprisingly high quotient of Sigue Sigue Sputnik, Men Without Hats, and Gowan. The 90s contingent seems mostly dutiful, though a few of the best quotations come from hyper-verbal hip-hop artists, like Outkast saying "Everybody's talking about keeping it real, but we're keeping it surreal. Real has got really boring."

The book sometimes seems a little unfair–if you had been on the road for four months and were giving 10 interviews a day, isn't it likely you might say something silly?–but interviewers should be allowed their fun.

After all, as Frank Zappa said, "Rock journalism is people who can't write, interviewing people who can't talk, for people who can't read."

Creating a visual revolution

BY FORD WALKER

Visual art has always been one way for the disenfranchised to unite together under a common banner.

Visiting the Maltwood Gallery at UVic (located inside the University Centre) for the month of November is an art exhibition revolving around modern revolutions and revolutionaries.

Even for those who haven't taken an art history course, the layout is well defined and easy to understand. The show has such a wide variety of styles and artists that it should also be enjoyed by all those with a background in visual arts.

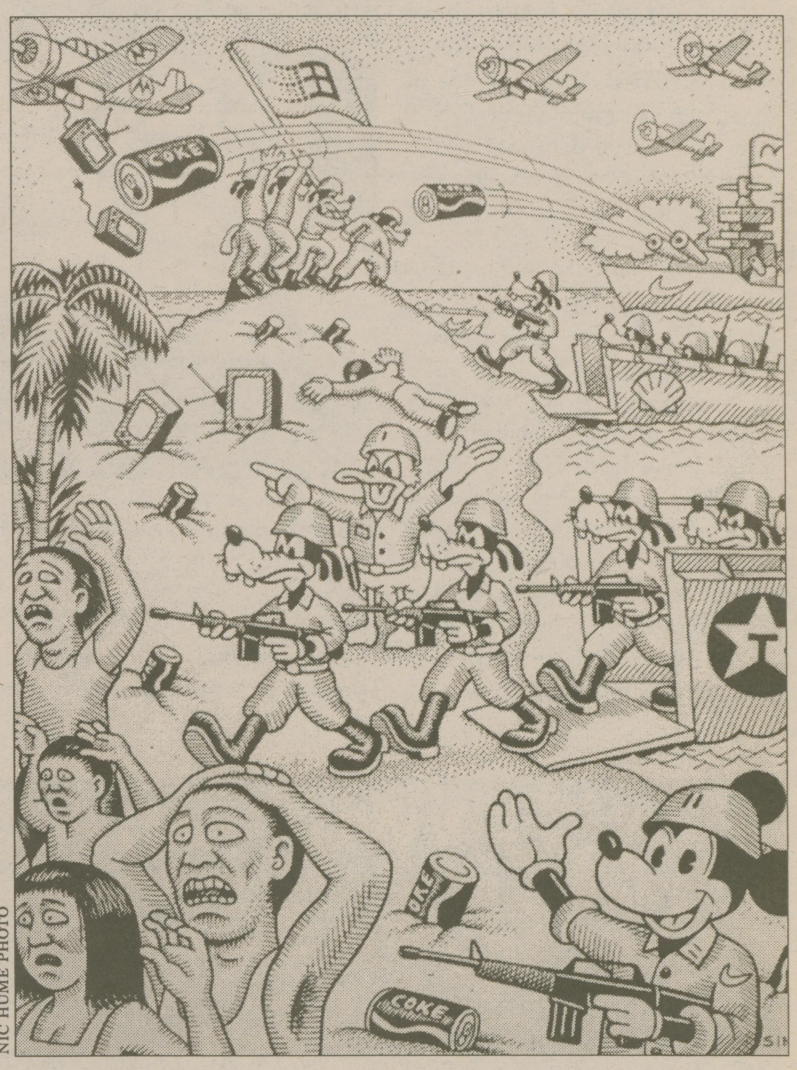
Ranging from a story depicted by cartoon, to a piece made from the cover of punk albums, to a quilt celebrating female unity, it is easy to see that a wide range of mediums are used.

This art critic's personal favourite, "Invading New Markets" by Andy Singer, depicts a village from the South Pacific being invaded by Disney cartoon characters, while ships sponsored by Shell and Nike bombard its inhabitants with cans of Coke. Another painting of note, entitled "Marcos Marches North," by Fernando Marti, portrays subcommandante Marcos and his Mexican Zapatistas marching through the streets of San Francisco.

Allan Allman, curator of the event, explains that the exhibit has traveled to galleries, coffeehouses and community centers since 2001. At every stop, the gallery adds a new piece, and the exhibition now has more than 20 paintings. One painting added by the Maltwood was the "Birth of the Corporation" by Albo Jeavous, which is not only an interesting piece, but also has a computer in front of it with links to a website. The website shows plans for an anti-theme park with rides portraying capital imperialism.

Another point of interest, Allman explained, is that the majority of artists are squatters or street kids who produce art for the community and not for money's sake. This is why a majority of the works are block prints. Block prints make the art easy to reproduce, and it also shows that the artists do not want to claim ownership of their art, as it is for everyone.

The art exhibit will remain inside the Maltwood until Nov. 28, 2003. It is open Monday–Friday from 10 a.m. to 4 p.m. Visit www.drawingresistance.org for more information.



NIC HUME PHOTO

"Invading New Markets" by Andy Singer is one of the highlights of the "Drawing Resistance" exhibit at the Maltwood Art Gallery on campus.

We want less of he who wore blue velvet

by Zoë Bake-Paterson

The much hyped "world premiere" of Daniel Stearns' recent translation of *HE Who Gets Slapped*, now playing at UVic's Phoenix Theatre, does not deserve such lofty billing. But it will still make you laugh.

HE, written by Leonid Andreyev in 1914, has become a world-renowned play.

It reveals a unique view of Europe in the days before World War I and the Russian revolution: the proper social niceties of the early 1900s mixed with bawdy circus theatrics, an idea derived from the Symbolist movement.

The Phoenix Theatre production, directed by Brian Richmond, makes a gallant attempt at tackling this comical and somewhat tragic century-old piece with entertaining results.

Examples of the humour in the play include lines like HE's jubilant cry of, "This is what I've been waiting for my whole life: Beethoven on a saw!"

HE Who Gets Slapped is about a circus troupe and the relationships formed by the members. This use of the circus as a setting is also the highlight of the play. The circus, an allegorical tool of the symbolist movement, is used well within the production, involving acrobats, trapeze artists and extremely memorable clowns–particularly the three played by Sebastian Archibald, Stacie Capt, and Claire Charland. It is likely the clowns stand out so much because special guests Paulette Hallich and Michael Kennard were brought in to do "clown work" with the actors.

The concept of *HE* is great, the set is outstanding and the clowns bring unique expression and, of course, laughter.

But some crucial pieces of the dramatic puzzle are missing. For example, it is never really explained why the main character HE, played by Douglas Scott Bates, wants to join a circus. Though there are some notably strong performances by Guest Faculty Artist K. Scott Malcolm (Count Mancini) and Kate Richard (Consuella), it is hard to forget some of the painfully awkward scenes in the first two acts–especially between Zinida the lion-tamer and horseback performer Alfred Bezano ("the shirtless lad clad in obscenely tight blue velvet stretch-pants," says audience member and co-arts editor Briony Smith)–or the inconsistent accents that mutate throughout the show. The clowns do so much teasing–HE in particular–that it is hard to follow certain characters' motivations because the audience has to struggle to understand what is real emotion and what is just joking. As a result, the ending comes as a huge surprise because it doesn't gel with the character development witnessed by the audience. Make sense of it if you can.

HE Who Gets Slapped succeeds in being entertaining, as it is a humorous and flamboyant piece. This is a nice change from the Phoenix's many tragic and dramatic shows. But don't be fooled–it carries a definite, though undefined, dark side.

HE Who Gets Slapped *plays at the Phoenix plays until Nov. 29.*

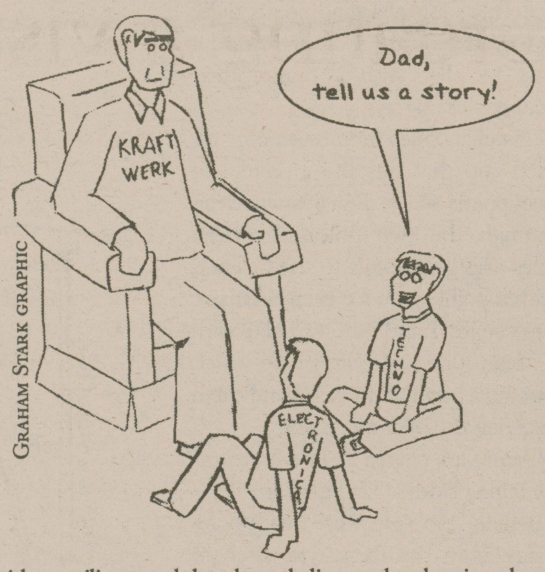
Tim Matheson photo

Douglas Scott Bates in the title role (centre) together with Devon Taylor (bottom) and Anne-Marie de la Giroday (top).

The *verstorben*-ness of Kraftwerk

by Mathew Bulford

Kraftwerk
Tour de France
EMI



Graham Stark graphic

The Teutonic robot-pop dinosaurs have done it again–another hour-long foray into sputtering synth-steered obsolescence. During the band's decade-plus hiatus, it was easy to think they were verstorben: extinct. Then, hark! The release of Kraftwerk's newest metronomic bore, *Tour de France*. The Jungen were only feigning extinction–or were they?

The elusive Kraftwerk, having not even attended a photo shoot since 1978, recently convened to tinker at KlingKlang, their mysterious Düsseldorf studio. And anon, there appears another arpeggiated techno-flop.

Since Kraftwerk's conception in Düsseldorf in the late 60s, through their *Autobahn* glory days of the 70s, Kraftwerk have pushed the envelope of electronic music and tested our tolerance for long-winded almost sci-fi melodies. Nothing has changed. Many technological advances later, *Tour de France* sounds no different from the 22 drawn-out minutes of "Wir fahr'n fahr'n fahr'n auf der Autobahn."

The album begins with the ephemeral "Prologue," then deteriorates into vocoder-rich "Tour de France Étape 1", then the interchangeable Étapes 2 and 3–Kraftwerk's superfluity at its best. Lumbering on, "Vitamin" waivers with an ailing modulated synth line and a droning drum loop. The album picks up with "Aéro Dynamic," a sparse but sonically watertight offering of Kraftwerk's patented robot-beats. The album concludes where it began with "Tour de France," hammering home the persistent ennui that underlines most of Kraftwerk's songs. The band's infamous ardour for cycling evidently failed to impel *Tour de France* into the pioneering which Kraftwerk once perfected. Though Ralf, Florian, Fritz und Henning undeniably fathered modern electronic music, gone are the days of revolutionary robot lyrics and roundabout synth-riffs. Maybe Kraftwerk are verstorben.

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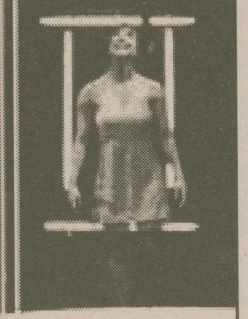


Presenting the non-Vikes

The Martlet *profiles three athletes who will never go to the Olympics, and who don't think that's a problem*

BY RICHARD WARNICA

For years I have had a recurring conversation about the state of sports at UVic–nobody goes to Vikes games, nobody cares about UVic sports.

UVic school spirit sucks. O woe is thee, the varsity athlete. We even ran a story only four weeks ago, just like the paper does every year, about why nobody seems to care about varsity sports.

Well, at the risk of sounding blasphemous, or betraying my sacred trust as a university newspaper sports editor, I don't think this is a problem. Not because I don't hugely respect and value the commitment and talent of varsity athletes, but because I think sports are about playing, not watching. And I think that adulation of the elite athlete is killing sports. So if UVic students don't have time to go out and wave a purple banner in Centennial Stadium because they've got their own games to play, good for them.

A real sports fan plays, whenever they can and whatever they can. A guy that goes out three times a week to get drunk and watch the Canucks isn't a hockey fan, he's a stupid drunk.

A real hockey fan cares a hell of a lot less about how many goals Todd Bertuzzi scored this week than about how they're going to fit an 11 p.m. ice time for their rec league hockey team into their schedule.

In an era when we probably have the fattest kids in the history of the universe, I think we could do with a good load less hockey fans and a ton more hockey players. Ball hockey, ice hockey, field hockey, tonsil hockey–whatever gets you moving and excited and away from the TV is a sport and worth doing. The problem is that kids are so ingrained with the idea that sports are a means to an end–a ticket to fame and fortune–that they're quitting as soon as they realize they'll never be the best. Ten-year-old kids are hanging up their skates and cleats every year because they don't think they'll make the NHL, the NBA or the NFL.

Sport is not about proceeding to the next level, winning scholarships, getting a contract or going to the Olympics, World Cup or NHL. Sport isn't even necessarily about organized leagues, tournaments, jamborees, meets or regattas. Sport is about a feeling in your body and your mind.

It's happy exhaustion and good pain. It's companionship, friendship and hating someone with everything you have for 4 quarters, or 80 minutes, and loving them after the whistle blows.

Too many people give up on what sport has to offer because they aren't the best, because they can't make the elite team or because they haven't figured out the sport for them.

That's the idea behind a tribute to non-elite athletics, to highlight and recognize people who play in a different way. And to hopefully show some people, who gave up sports after having their faces rubbed into gym socks during grade six dodge ball, that there is hope. There is a game or a league or a random method for moving your body in rhythm to some kind of noise, for you.

Two weeks ago I sent a call out for examples of non-elite athletes. I heard back about horseback riders and trial riders. I learned about the sport of cups from my friend Lee and about how skiing after wolves wearing electronic collars is both a sport and a job from my friend Gunt. I learned about people who have organized intramural teams for 10 years without ever winning a single title, and who don't think that matters. And about intramural floor hockey players for whom the sport consumes their entire lives.

There are literally thousands of athletes at UVic and the vast majority of them will never wear a Vikes uniform. There are rugby players, runners, dancers, swimmers, disc golfers, skiers, boxers, martial artists, walkers, joggers, hoppers, kickers, punchers, bi, tri, and heptathletes, and every conceivable and inconceivable thing in between. All athletes and all deserving of recognition.

I genuinely believe that playing sports rescues people. It gives kids a reason to go to school and to not do drugs (or in the case of Ultimate Frisbee–to do drugs). It teaches people how to be healthy, how to use their bodies in a positive way no matter what shape or size it comes in. The fact of the matter is, however you want to do them, sports are fun, and we need more fun.

Lee Mackay: 'renegade disc' artist

RICHARD WARNICA PHOTO

Name: Lee Mackay
Sport: Cups

BY LEE MACKAY

I was introduced to Cups in the backyard of AvoGadro's restaurant in Fort Collins, Colorado. Avo's, as we all knew it, served the best vegetarian food in town and put up with enough nudity to make it the official hangout of the Ultimate crowd.

Cups is another offshoot disc sport, along with Ultimate, Disc Golf, Double Disc Court, Goaltimate and Freestyle, that has come out of the renaissance of Frisbee. Unlike these sports though, Cups isn't sanctioned by the World Flying Disc Federation. It's also in the genre of sports that can be played while drinking. Much like Flutterguts and Mountainbike Ultimate, Cups is a renegade disc sport.

The game is played by two teams of two, with each team guarding two plastic cups (Starbucks cups are sadly the best) sitting upside down on top of two thin poles.

The sets of poles are kept 25 feet apart, with each set separated by the width of a Frisbee and a fist.

The point of the game is to knock the other team's cups off with a frisbee. Rules for awarding points differ in Canada and the U.S., and I find it best to play with a compromise between the two.

Canadian rules give one point for each cup that hits the ground and two points for a disc thrown clean through the two poles. American rules also give points to the defence, with a point given for each defensive cup caught. I find it best to play with a clean one-hand defensive catch earning a point and a two-hand catch negating the offensive point.

Games are played to 11 with teams switching sides at six points.

Behind Avo's we played with poles made from the thick wire used to prop up election signs, and it was there that I learned to play. At the beginning, there were games where I didn't score a single point, but after a summer of playing Ultimate three to four times a week my Cups game finally came together.

One night, fueled by tempeh and Fat Tire beer, I caught fire. My team held king of the court until nobody would play us anymore. We won until the grass was strewn with the abandoned Cups and Frisbees of our erstwhile foes. I basked in my own victorious glow the entire night.

My next day of Cups glory came after the Vernon Ultimate Tourney in late September.

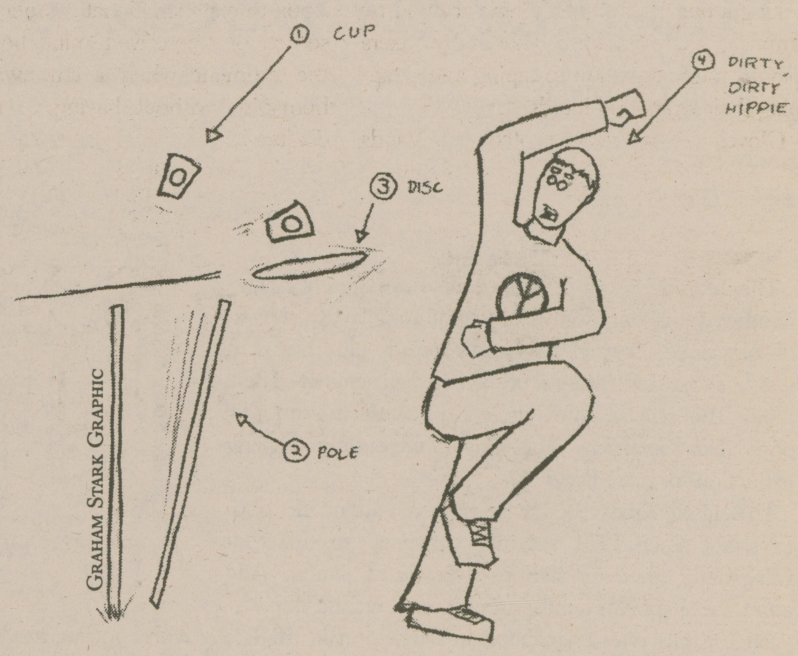
At the wrap up party after the tournament I found four sets of Cups and called dibs on next game. My best friend Neil and I took on a smallish Italian guy and a girl with crisp throws. After beating them easily we approached to shake hands.

The girl asked where we were from and I said Victoria. She gestured to her partner and said, "Dave P. is Victoria Ultimate."

Turns out we had just beaten the captain of Victoria's National championship winning co-ed team, the legendary Dave Pettenuzzo. Not a bad introduction to Victoria Ultimate.

Recently I've got my Cups fix by playing anywhere from the backyard at my girlfriend's parents' house to playing under the dim light provided by the motion sensors behind my old house on Shelbourne.

The game is so addictive that after playing once, my old roommate opened up the UBC earthquake lab to play when we visited her in Vancouver. Hell, it's so addictive that Rich Warnica made me write this article after one drunken game.



Cups is played by trying to throw a Frisbee through two upright poles with plastic cups on top of them. For safety's sake, please watch for lingering dirty dirty hippies before releasing your toss.

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The 'sheer humanity' of Ed Baskerville

The Martlet*'s opinion editor is a 'semi-intelligent kind-hearted individual' who likes to punch people*

by Norman Ed Baskerville

A few years back a yuppie friend of mine asked what I liked about boxing, and I answered, "the sheer humanity." I could tell he thought I was being facetious, but I wasn't.

Like any other animals, humans are a species hard-wired for fight or flight responses. We try to pretend that we can be reasonable, peaceful creatures, but when real-world conflict arises and our blood pumps, what happens?

Most of us don't know how to respond, so we repress the natural energy surge, bottle it up and release it in socially acceptable ways: screaming at our dogs, eating fistfuls of candy and fat, sedating ourselves with unnecessary crap bought from the mall.

Why does our society seem like it's so full of shit? Cause we're all too afraid to accept the fact that we can't rid ourselves of human aggression. Well fuck you. I'm a reasonable, semi-intelligent, kind-hearted individual who genuinely cares for others, and for the last 20 years I've embraced my humanity by allowing myself to experience the fight.

Yes, boxing can be dangerous, but guess what? So are most things that don't revolve around sitting on your ass. And keep in mind, boxing clubs won't even let you spar until you've spent several weeks learning punching techniques. The most common boxing injuries aren't face injuries caused by taking a punch, but wrist injuries caused by improper punching form. That's why boxers pay so much attention to taping and wrapping their wrists and hands.

Gloves are worn to protect the hands inside them and actually do more damage to their target than hard knuckles. A punch travels at such velocity that on impact the padding only increases the surface area of the strike and does nothing to soften the blow.

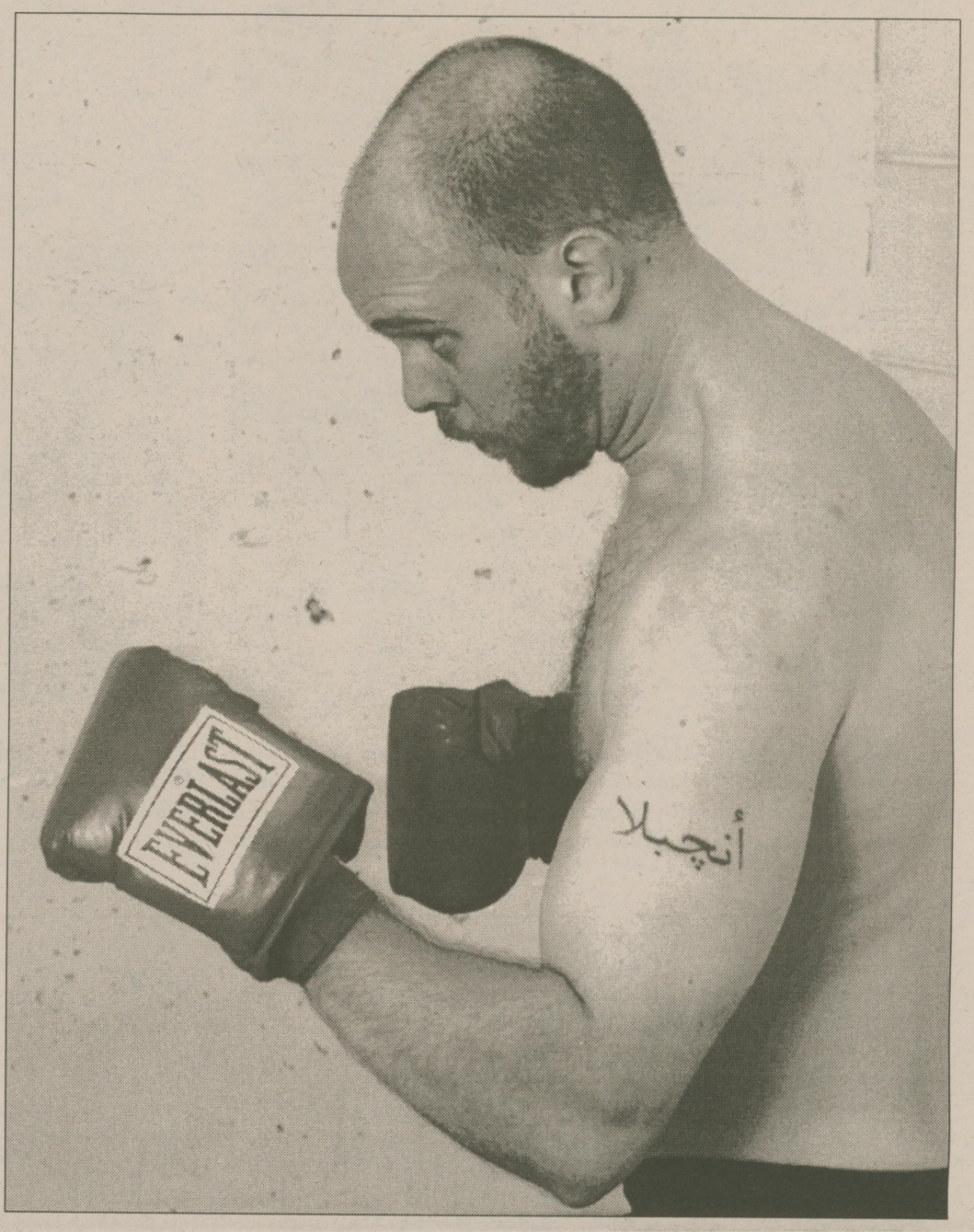
For myself, and for most fighters I've known, boxing is not a tough guy, alpha-male activity. One of my current sparring partners is a 190 pound hulk with a devastating right hook who breeds toy poodles with his wife and reads fairytale stories to his daughter.

Another friend of mine is a kick boxer with over 20 years of martial arts training. At five foot two and 128 pounds she is probably the most frightening opponent I've ever fought. She reads body movement to a nearly flawless degree. For her fighting is the ultimate tactician's skill.

When I was a younger man I used to punch the bag till my hand wraps were bloody and my entire body hurt. Now, as I near 32 years of age, I still work out at least three times a week, both lifting weights and boxing, and every morning and evening I do 50 knuckle push-ups. Yes I'm in good shape, but I no longer need the ego boost of being a competitor.

For me boxing will always be about the natural high that comes from releasing a barrage of punches, though lately I spar with bags much more often than with people.

I don't box to inflict pain on other people. I box to experience that moment that transcends our perceived mind/body duality, the moment when I am aware of my humanity, without having to consciously conjure it.



Nic Hume photo

Name: Norman Ed Baskerville
Sport: Boxing

Jenny 'Schines' on walls and mountains

by Megan Stewart

Provided photo

Name: Jenni Schine
Sport: Rock Climbing

Jenni Schine knows her way to the top. Literally. The third-year anthropology student and amateur rock climber started scaling outdoor cliffs and indoor walls two years ago and hasn't looked back since.

"I can't even believe the power I've developed from climbing," said Schine. "Everything from the smallest tendons in my wrists to the most powerful muscles in my back have become stronger."

There's a danger to rock climbing, she says, that makes it unlike any other sport. For every trip up the mountain there's a serious risk of failure. And when it comes to scaling rock faces that tower hundreds of metres, failure could mean death.

"You have to take it seriously," said Shine, straight-faced. "If I fall I'm really going to fucking fall and hurt myself. You have to push that danger out of your mind and just focus on the climb."

All of Schine's climbs are done in pairs, with one person ascending the rocks and a second planted firmly on the ground working the ropes (known as belaying). According to Schine a great climb depends on teamwork and timing. The person on the ground has to be constantly aware of what's happening above them in order to keep the right amount of slack in the rope. Too much tension and the climber is lifted by the rope and harness, too little tension and the climber risks a big fall if they lose their grip.

"The best climber to partner-up with is someone who pushes themselves," said Schine. "They'll inspire you to demand the same effort of yourself. It's an incredible sense of accomplishment to reach the top, look at my fingers and see that they're nubby and bloody. I love my hands callused."

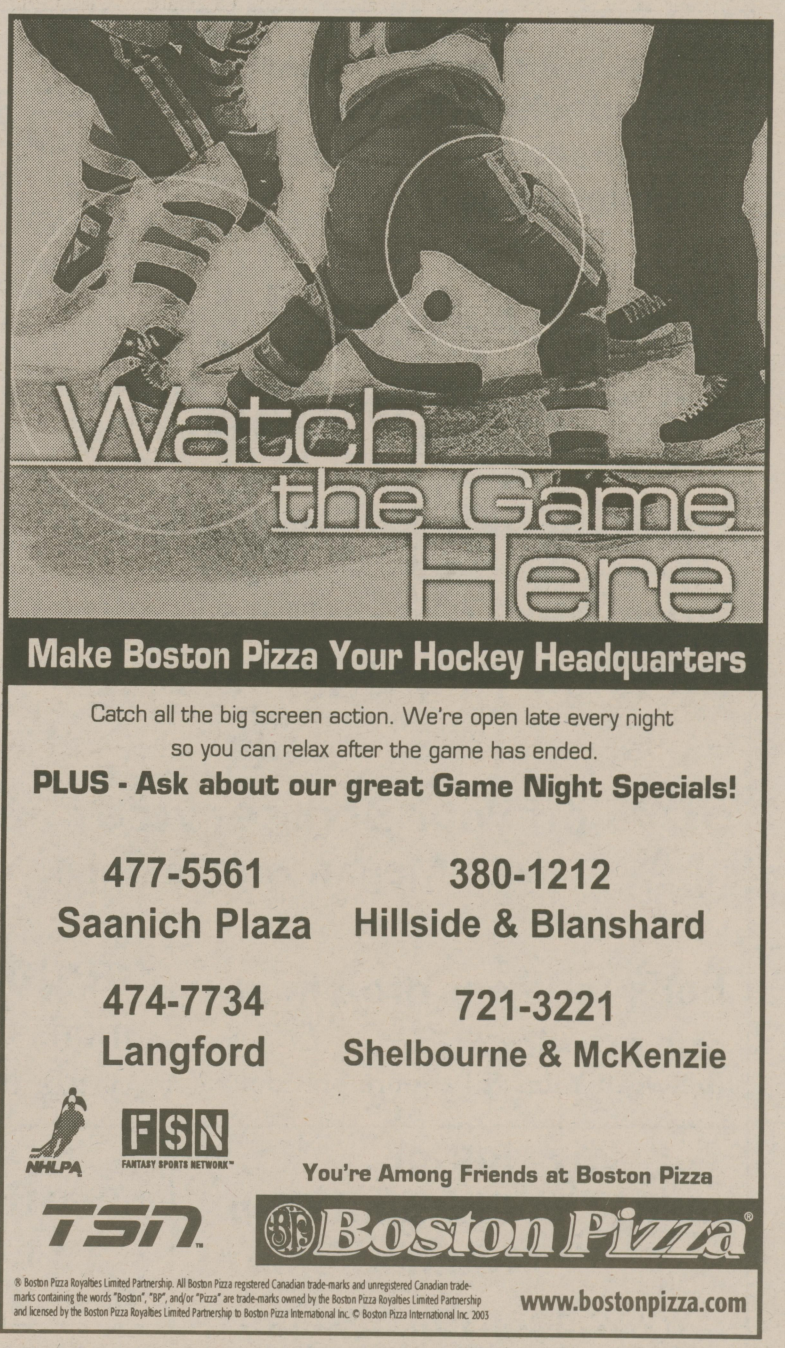
Schine has fingered and kicked her way up lots of testing walls, but for her the challenge is less physical then cerebral.

"A climb is about overcoming mental obstacles," she said. "It's a puzzle, a game you have to figure out for yourself."

For Schine, the indoor version of the sport is the best chance for a good workout, but her heart lies outdoors in the mountains.

A typical summer's day climb for her means jumping in a car with a couple friends and stealing away to a climbing site at the end of a logging road.

"You can go crazy and attack 10 climbs, or you can have a totally relaxing time," she said. "It's all about being outside with good people."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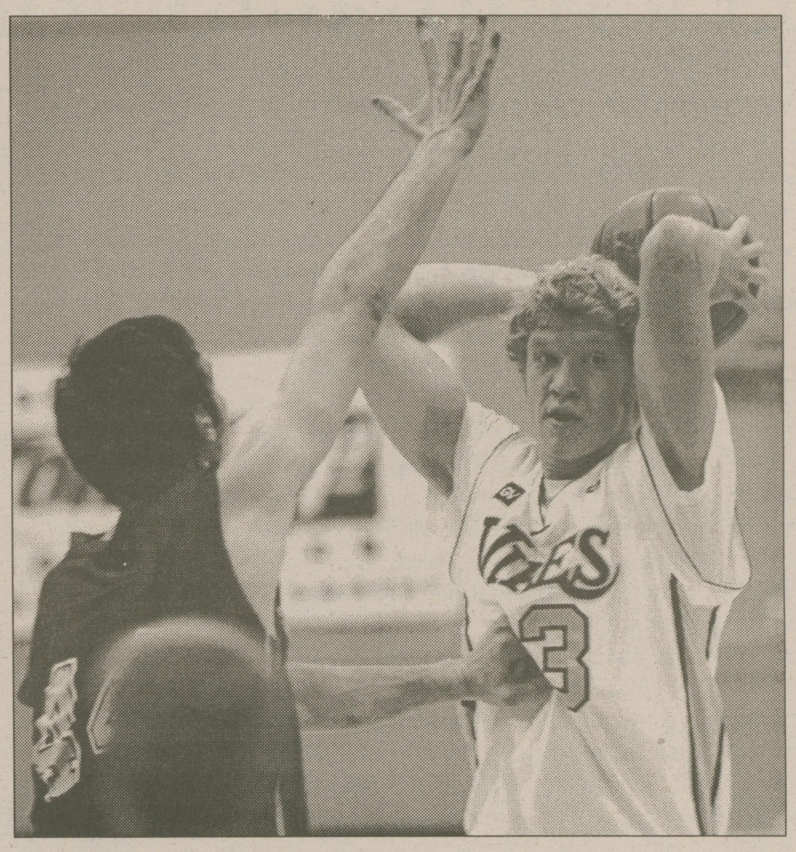
Preseason rankings just plain wacky

Nic Hume photos

The Vikes' Beckie MacDonald dribbles around an unidentified Alberta Panda in Mackinnon gym last Friday. The reigning national champion and nationally second-ranked Vikes beat the unranked Pandas 54–21. Dani Everitt led the Vikes with 12 points.



UVic's Nathan Ashmead takes a hand to the belly from an unidentified Alberta Golden Bear last Friday night. The unranked Vikes toppled the Bears, Canada's second best team, 72–65. Third-year guard Chris Marsh led the Vikes with 21 points.

Hosers and engineers having a ball in intramural hockey

by Jess Proudfoot

You can't get much more non-elite than co-ed recreational intramural ball hockey.

The band of misfits and fun-seekers that make up the seven team league, which plays Wednesday nights at the Ian Stewart complex, have no delusions that they're playing for the Vikes, a fact reflected in their decidedly different names and uniforms.

The Stumo Hosers, who wear lime green jerseys, long ago gave up any pretensions of UVic affiliation. "We decided that having the 'sodapop' [read beer] bottles on our jerseys was more important than having UVic written on them," said Stumo Hoser Ryan Harvey. "It was a design choice."

Continuing the green theme, in a slightly darker shade are the team known as AAA, or Aardvarks Against Alliteration.

"We get a lot of comments about it. Everyone seems to like it," said AAA captain Greg Fowler. "There's one kind of crazy guy on the team who's an engineer and he came up with it."

Other teams in the league include the Chemical Chargers, Camosun Stamush, and the advertising feature/team known only as HockeyDraft.ca.

Regular season play in the league wound up last week with only one team failing to advance to the playoffs, a fact that rescued the Aardvarks.

"We made it into playoffs but I think we only won one game," said Fowler.

It was clear from conversations with players, however, that no one was really bothered by poor finishes.

"I've never played before, but it doesn't matter. We're all just here to have a good time," said Lauren Jones who plays for the Stumo Hosers. "Whenever anyone gets too competitive, someone just yells 'Rec Hockey!'"

The Aardvarks' Kevin Fowler agreed. "There's a core of us that have played for four years now and this year's pretty good. I think we've only won one game. We're just having fun." he said.

Paul Smith, the intramural programmer for UVic's RecPlus, praised the ball hockey atmosphere. "Intramurals are great because they allow people to get out and be active, and hopefully meet some new people," he said.

And apparently there are even more would-be Hosers and Aardvarks waiting in the wings.

"Ball hockey is always filled up in a day and a half," said Smith of the popular intramural. "We turn at least one in three teams away."

Sports briefs

Volleyball

UVic's women's volleyball team finished third overall at the Volleyball B.C. season opener tournament in Burnaby last Sunday. The Vikes beat the UBC junior varsity team in three sets in the playoffs before falling to the Charlie's Angels. No word on whether the Charlie's Angels team featured original Angels Farrah Fawcett, Kate Jackson and Jaclyn Smith or modern day Angels Cameron Diaz, Lucy Liu and Drew Barrymore.

Cross Country

The Vikes women's cross country team finished just off the podium, in fourth place at the Canadian Interuniversity Sport (CIS) Championships in Moncton New Brunswick on November 8. The top Vike was Heather Goodfellow in 21st place.

The men's team finished in sixth place. Nicholas Walker was the top Vike, also finishing 21st.

Next action for both teams will be in the parking lot of the University stadium where they will be holding a Christmas tree sale from December 4th through the 20th.

Rowing

The men's and women's 8s finished in second place at the Head of the Lake regatta in Seattle, Washington on November 9. The second-place finish came just one week after the women's team won their seventh straight CIS national championship. The title tied coach Ric Crawly with former men's basketball coach Ken Shields for the record of most consecutive national titles by a UVic coach.

Soccer

Carey Gustafson, a third year midfielder with the Vikes women's team was named as a first team All–Canadian by the CIS on November 10. Gustafson suffered an ankle injury against the Alberta Pandas three weeks ago at the Canada West Championships. The Vikes, who went into the tournament ranked second, fell to the Pandas 2–1 and finished the tournament in fourth place.

Previously Gustafason had been named as a first team All-Star by the Canada West Athletic Association. With five Vikes starters having played their last games, Gustafson will be expected to carry the team next year.

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On campus

WORK AND STUDY IN THE ASIA PACIFIC REGION FAIR! The Centre for Asia-Pacific Initiatives at the University of Victoria will be hosting an exciting and free 'Work & Study in the Asia-Pacific Region Fair' on Tuesday November 25 from 11 a.m. to 3 p.m. in the Michèle Pujol room of the Student Union Building. The purpose of the Fair is to inform the UVic student body, and the broader community, of potential opportunities for work and study in the Asia-Pacific region, including internships related to your Major, overseas volunteer positions, working holiday and co-op programs, exchanges and possibilities for teaching English. Booths representing a variety of opportunities and organizations will set up for students to browse at their leisure. Between 12:30 and 1:30 p.m. brief presentations will be made by several organizations about their programs. There will be music and a draw-prize. Hope to see you there! www.capi.uvic.ca for more inforamtion.

WE'RE HAVING A CEILIDH
When: Saturday, November 29, 2003–7 p.m. to 10:30 p.m. **Where:** The Michèle Pujol Room in the UVic SUB. **What:** Scottish country dancing, live music, food, entertainment. **Cost:** $2 (bring your student card) or $4 regular. Need more information? Contact Mistress of Balarney. mistress_of_balarney@yahoo.ca or phone (250) 472-3533

UVic Circle K Volunteers Club. Want to be part of the World's largest University/College service organization?! Circle K is all about service, leadership, fellowship, and having lots of FUN!!! Circle K is a great place to meet new people, work with children, students, adults, and seniors, and a totally awesome organization to be part of! Circle K meets every Wed. in CLE A301 at 6 p.m. So please come join us or contact Neelam Sandhu at neelams@uvic.ca for more information.

Interested in urban sustainability? VIPIRG's Urban Agriculture Committee is offering two events to get Victorians thinking about local food.
On November 20 from 7-9 p.m. everyone is invited to "Common Ground," a presentation on ecological agriculture. Two B.C. farmers will share slides and talk about the common challenges facing small-scale, ecological farmers across the globe. The presentation will be held in CIT 116 and is completely free and open to the public.
On November 21-23 VIPIRG is hosting an intensive, weekend long Permaculture Workshop. Instructors Gregoire Lamoureux and Geoff Johnson will provide participants with an in-depth, hands-on introduction to Permaculture. This workshop is a must for any novice organic gardener, or for anyone interested in getting started. Pre-registration is required and costs $40 for students or other VIPIRG members ($50 for non-members). Contact agriculture@vipirg.ca or 721-8629 to register.
More details are available on our web page www.vipirg.ca.

Off campus

Twenty Cloned Brians presents "Hourglass Dreams" featuring: Onward... by kYroIs, There Made Out of Meat by kYroIs and Ah Eurydice by Stanley Taikeff. At La Run Theatre – 1983 Fairfield Road. Tuesday November 18 through Saturday, November 22. Doors open at 7 p.m. Showtime at 8 p.m. All tickets $10. Please reserve tickets in advance by calling 995-5958 or e-mail theatrepeople@hotmail.com.

CAPTURE THE FLAG now the first Saturday night of every month! Meet @ 2 a.m. @ Market Square Gates.
Live the Legend!

BLUEGRASS JAM, Tuesdays at the Orange Hall, 1620 Fernwood, 7:30 p.m. Players of all levels welcome. Players $2, listeners free. Contact: Larry Lawrence Statland 472-6483.

ESL? Need help w/assignments? Help w/grammer, etc. $12/hr. Call 415-0515 and ask for Jordan.

Help wanted

Cartoonist needed for book project. No pay to start, but who knows? More info: dan@ccmedia.ca.

Artist requires female figure model for fine art drawing series. No experience necessary, slim figure preferred. $35/HR. 920-8940.

GREEN PARTY now hiring door-to-door canvassers. If you are articulate, intelligent and politically motivated, please apply.
Call 382-8378.

TEACH ENGLISH Overseas: Jobs $$ Guaranteed – Great Pay. TESOL Certified in 5 days in-class (monthly classes), on-line or by correspondence. **FREE** Information Seminar, every Monday @ 7 p.m. Bedford Regency, 1140 Government St. **FREE** Infopack: **1-888-270-2941** or **globaltesol.com**

Volunteers wanted to act as conversation partners and activity leaders for international students. If interested, please send resumé or personal statement to cathy@cdncollege.bc.ca or fax 383-2292.

Announcements

Activist Video Night remembers the 1999 Seattle anti-W.T.O. demos with the showing of "Breaking the Spell." It's an hour of street demos, anarchist thought, revolution, trashed Starbucks and Nike stores, media lies and police attacks, all done to a great sound track. If you were there come and share your stories after the film. 7:00 p.m., Tuesday Dec 2, Camosun College (Lansdowne) Fisher Building theatre room 100. FREE. Info – 595-3991.

UVic Circle K Volunteers Club presents KIDS FEST!
UVic Circle K is holding a Kids Fest this fall and is inviting members of the local community to come together and celebrate youth. This fun filled event will be held on Nov. 23, 2003 from 10 a.m. to 4 p.m. in the Michèle Pujol room at the UVic SUB. There will be craft tables, balloon animals, face painting, games, inflatable bouncy castles, food and other activities for the kids to participate in. Please come join us for this fun and exciting event! Contact Neelam Sandhu at neelams@uvic.ca for more information.

Call for Nominations:
The University of Victoria Sustainability Project is currently seeking its Board of Directors. Positions to be filled by five undergraduate students and two associate members (faculty, staff, graduate students and/or community members).
The UVSP is a student run organization striving to work with the campus community to achieve a balance between what is ecologically necessary, socially desirable and economically feasible at the University of Victoria. The UVSP board guides the work of the organization and meets on a monthly basis to review current projects, finances and future campaigns.
Interested applicants must submit a short 250-word bio by Thursday, November 13.
If you are interested in applying for the UVSP Board, or would like more information about the UVSP, contact Jennifer Welsh at 721-7355 or uvsp@uvic.ca.

For sale

'91 Eagle Vista $2,800 obo. 598-2293.

87 Hyndai Stellar, 5 sp, 4 dr, low km, air PW/PL $700. Call 592-6177.

Speakers for sale. Excellent pair of 1972 KLH (Canadian) speakers. Approx. 2 1/2 ft tall. Asking only $120. Dixon 598-2466.

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Hey you!

To the snotty bastards who run the fine arts computer lab (not all of you), you do realize you're getting paid for this right? Quit being such pretentious pricks and help a guy out. Annoyed budding film maker.

Hey, you lost a greenish handmade looking scarf in the auditorium. I don't have it, but I know who does. If you want it back I think she'll trade you for a cinnamon bun.

Billboard Rates:

Students and Clubs – $2/issue
Non-Students – $2/line
Businesses – $5.50/line for first 3 lines
+ $2/extra line
hey you! – free

on the spot

*Convocated by Graham Stark and Richard Warnica

Today's Question:
What do you think of UVic giving Paul Martin an honorary doctorate degree?

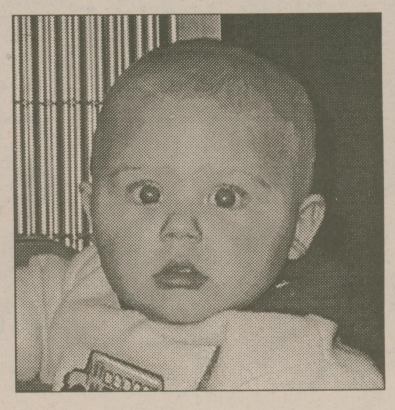
Stark presents Warnica with his very own Honorary Doctorate. They're just giving 'em away.

Sarai Goodwin
The Patch

SG: Like I know who *that* is.

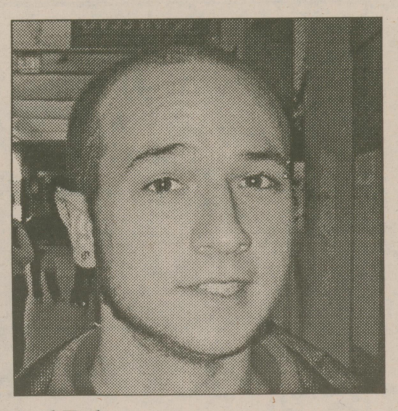
Ben Strocel
Sciences

BS: Well, they gave one to Diana Krall.



John Contogiorgis
Baby

(Does not respond. Instead, looks cute and makes funny noises.)



Joel Fieber
Engineering

JF: They are? I guess he's served our country but I don't know if he deserves it. I had to pay a lot to get mine.

UVic has no plans to give an honorary degree to Paul Martin. They only gave Diana Krall one because they wanted Elvis Costello to come.

SAM & FUZZY

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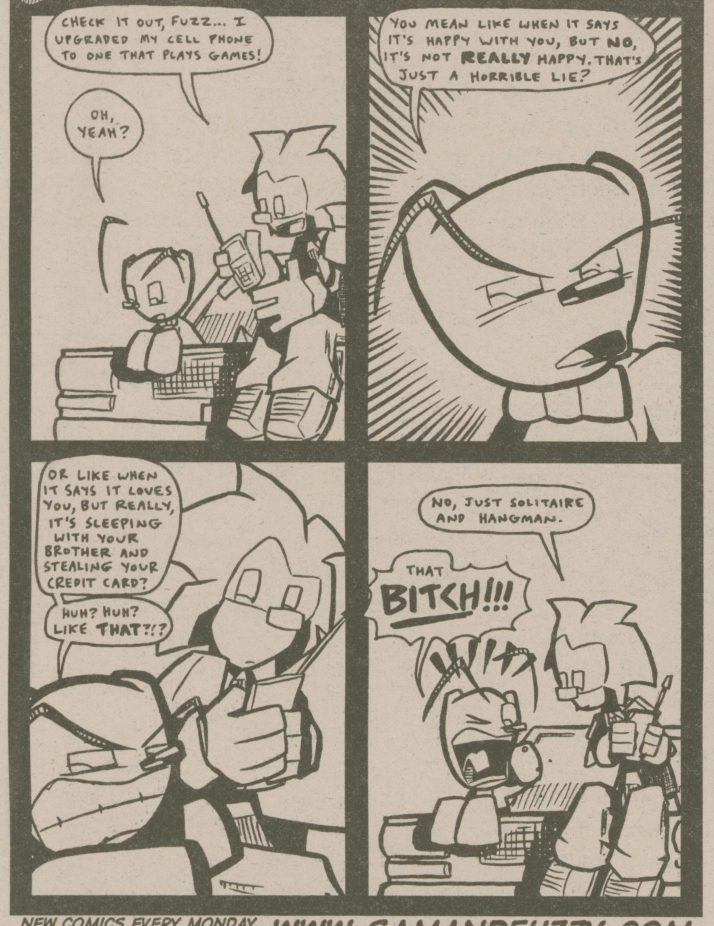

CHECK IT OUT, FUZZ... I UPGRADED MY CELL PHONE TO ONE THAT PLAYS GAMES!
OH, YEAH?
YOU MEAN LIKE WHEN IT SAYS IT'S HAPPY WITH YOU, BUT NO, IT'S NOT REALLY HAPPY. THAT'S JUST A HORRIBLE LIE?
OR LIKE WHEN IT SAYS IT LOVES YOU, BUT REALLY, IT'S SLEEPING WITH YOUR BROTHER AND STEALING YOUR CREDIT CARD?
HUH? HUH? LIKE THAT?!?
NO, JUST SOLITAIRE AND HANGMAN.
THAT BITCH!!!

NEW COMICS EVERY MONDAY, WEDNESDAY AND FRIDAY AT: WWW.SAMANDFUZZY.COM

ROOMIES by Graham Stark

www.loading-ready-run.com gstark@uvic.ca

Yes?
Hi! I'm here about the room you have to rent.
SLAM
One sec.
We have a room for rent?
Yeah man. Ted moved out, like, eight months ago.
Does this mean I can stop sleeping in the bathroom?
No, Mike.
Sorry about that.
Why'd you slam the door?
...I have a condition.
So you need to slam doors?
...it helps.
Good thing your rent's cheap.

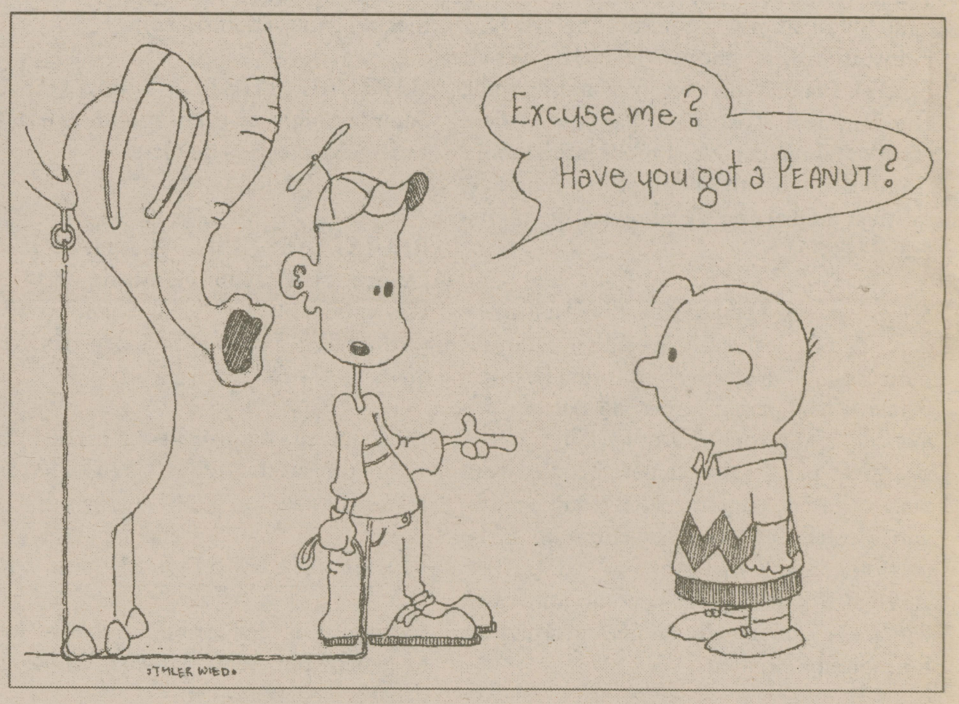
Postmodern Haircut Presents... by Jeffrey Weston, westoons@hotmail.com

The Adventures of... NOAM CHOMSKY ... and his dog Predicate!

Yes! I've finished my essay on U.S. supported Columbian paramilitary terrorist groups.
Columbia, you're always ragging on Columbia.
It's a country run by a government that commits extreme horrendous atrocities towards its people in the name of a U.S. drug war, who suffer and toil with low wages just to make that cup of coffee you're drinking.
Yea, except they didn't make this coffee. My Ultra 4 Cup Kitchen Helper made it.
You can try to displace responsibility if you want, but as member of the western world, we are all culpable in the end.
Geez, what a downer. I can understand why you don't get invited to parties.
It's true.
Noam,
You are invited to our anuual:
Super Kegger!
at Steve's house. 8pm
Bring chicks

Hey Kids,
Next time you have a university shindig don't forget to invite M.I.T. professor Noam Chomsky!

obe.ink.



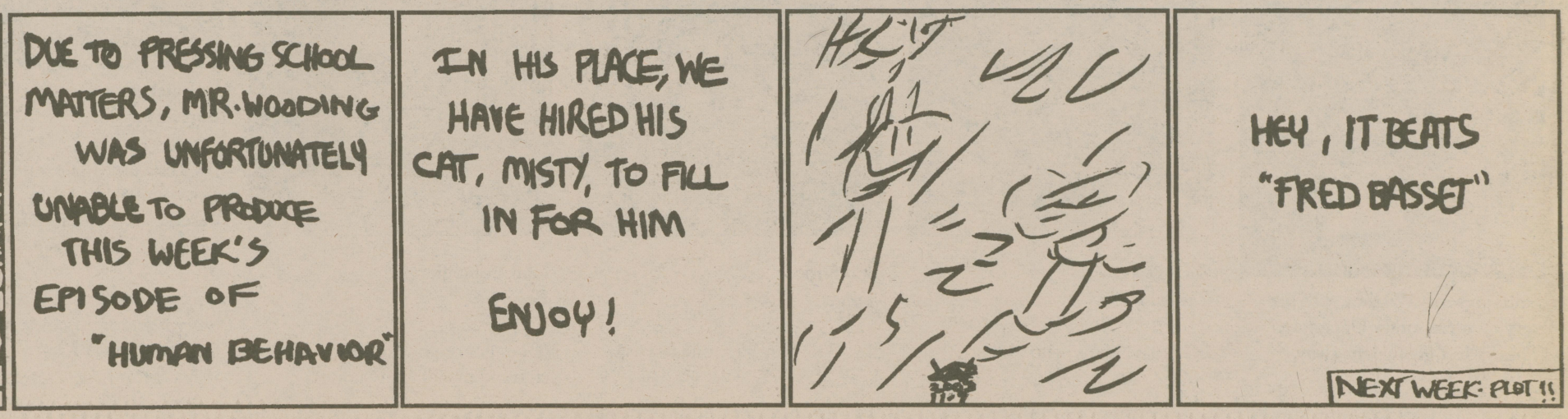
ARGUS!

By Tim Inkster

timinkster79@hotmail.com

HUMAN BEHAVIOR

BY CHRIS WOODING chwooding@hotmail.com


DUE TO PRESSING SCHOOL MATTERS, MR. WOODING WAS UNFORTUNATELY UNABLE TO PRODUCE THIS WEEK'S EPISODE OF "HUMAN BEHAVIOR"
IN HIS PLACE, WE HAVE HIRED HIS CAT, MISTY, TO FILL IN FOR HIM
ENJOY!
HEY, IT BEATS "FRED BASSET"
NEXT WEEK: PLOT!!